College of Charleston - Advanced Horseback Riding
PHED 120-05

(Thursday)

Office: Kennerleigh Farm  Class:  Thursday 1:00 – 4:00 pm
3288 Plowground Rd  Riding Instructor:  Rebecca
Housley
Johns Island, SC  Hunter Gilbert

Office Hours: Monday-Thursday 12:30-1:00 pm or by appointment

Course Description – Advanced techniques in riding.

Prerequisites – PEHD 133 or equivalent

Text (REQUIRED)

Materials (REQUIRED)
- For safety students must wear hard soled shoed with a heel, socks, and long pants or breeches.  *Students will be considered absent if they arrive in shorts/sandals/tennis shoes.*
- Wearing safety helmets is required.  Helmets are available for purchase at the farm.  Students may wear their own helmet if it meets ASTM/SEI safety standards for horseback riding

Attendance / Participation
Attendance is not optional.  It is essential for the safety and progress of all, that students be present for all class meetings.  *Students must be on time and ready to ride.*  Students are allowed two (2) unexcused absences without penalty.  Students who have more than two (2) unexcused absences will lose five (5) points, for each absence, from their final grade.  Students who miss five (5) or more classes will receive an F in the course.  Excused absences may be obtained from the Dean of Undergraduates Studies.  If the weather is bad, please call 568-6900 between 11:30 – 12:30 to find out class has been canceled or if there is a meeting in the gym.

Test / Grading / Evaluation
The final exam is the only test.  The exam requires the student demonstrate mounted skills, ground skills, and take a written test.

Your final grade will be calculated in the following manner:
40% Development of position and use of aids
35% Final exam
15% Midterm
10% Attendance and attitude

Grading Scale:  A+ = 97-100  A = 90-96
B+ = 87-89
C+ = 77-79
D = 60-69

B = 80-86
C = 70-76
F = 59 and below

Students must demonstrate an effort to learn and improve riding skills, as well as an effort to use the equipment properly. Misuse of the horses or non-adherence to the rules of safety for both horse and riders will result in a failing grade. This course adheres to the Honor Code of the College of Charleston. Specific details of the Honor Code can be found in the Student Handbook.

Additional Notes:
Kennerleigh Farm is a place of business. Please respect the following stable rules:
1 – Alcoholic Beverages and Smoking are not allowed on the stable grounds.
2 – All students must fill out a liability release form including accident insurance information before having contact with the horses.

Students enrolled in this class are expected to be available for class from 1:00-4:00 PM. However, for the convenience of the students, after the second class, students will be divided into timed groups for riding. We try to base these divisions on each student’s riding skill level and time convenience.

Please be on time for your group. If you are late, the class cannot wait for you and you may not be able to ride that day. If class runs late, you will not be excused from other classes, work, etc. However, no student is required to stay past 4:00 PM. If a student is reported by the community to be speeding on the dirt roads, the instructor may, at her discretion, deduct 10 – 19 points from the student’s grade.

SYLLABUS IS SUBJECT TO CHANGE DUE TO WEATHER AND / OR COMPOSITION OF CLASS.

Course Schedule

January 14 1. Course introduction at the College Gym bleachers and paperwork
January 21 2. Assignment of horses, review of riding skills, formation of groups.
January 28 3. Warming up and evaluating your mount..
February 4 4. Developing an independent seat, balancing the horse and rider at the walk and trot.
February 11 5. Improving transitions, riding serpentines and introducing bend.
February 18 6. Trail Ride. Riding out in groups.
February 25 7. Trot poles and introduction to jumping.
March 11  Spring Break


April 1  11. Jumping stadium courses.

April 8  12. Advanced ground work.

April 15  13. Cross-country school

April 22  Final exam (mounted and written.)

Future and Additional Riding

- Additional riding lessons and trail riding are available at Kennerleigh Farm for the discounted college rate of $35.00 per lesson or trail ride. Please ask in the office for scheduling if you are interested in additional riding.

Directions to Kennerleigh Farm, Johns Island
- Take Calhoun St. to the end onto the James Island Connector (Route 30)
- Follow the Connector to the end and turn right onto Folly Rd (Hwy 171)
- At first light turn left onto Central Park Rd. (by the movie theater & James Island post office)
- Continue to end and turn right onto Riverland Dr. - continue until see golf course.
- Turn left at the light by the golf course onto Maybank Hwy (Hwy 700) and go over the bridge
- Turn left onto River Rd. (Hess gas station on the right at the stop light)
- Turn right onto Plowground Rd (1.5 miles)
- Turn right into farm (1.7 miles)

It will take about 20 minutes from Downtown.