College of Charleston
PEHD 133-001 / Intermediate Horseback Riding
Wednesdays      Spring 2010

Kennerleigh Farm   Instructor:  Rebecca Housley
3288 Plowground Rd                       Hunter Gilbert
Johns Island, SC 29455
843-568-6900

Office Hours: Monday-Thursday 12:30-1:00p.m. or by appointment

Course Description
This course is designed to review basic horse handling and to develop a correct position for the rider to use the aids to effectively communicate with the horse. Students will review proper groundwork and horse handling to include haltering, leading, grooming, equipment, and proper use and care of the horse. Students will start advanced trot work, and receive an introduction to the three phase discipline of eventing which includes dressage, stadium jumping and cross country.
Prerequisites: PEHD 113/Beginning Horseback Riding or equivalent.

Text (REQUIRED)
Text can be purchased at Kennerleigh Farm.

Materials (REQUIRED)
Students must wear hard soled shoes and long pants or breeches. Please do not wear clunky heeled shoes. Students will be considered absent if they arrive in shorts or inappropriate shoes. Safety helmets are available for purchase at the farm. You may use your own helmet if it meets ASTM/SEI standards.

Course Requirements
Attendance / Participation
Attendance is not optional. It is essential that students be present for all class meetings. Students are expected to be on time and ready to ride. Students are allowed two (2) unexcused absences without penalty. Students who have more than two (2) unexcused absences will lose five (5) points for each from their final grade. Students who miss five (5) or more classes will receive an F in the course. Excused absences may be obtained from the Dean of Undergraduate Studies. If the weather is bad, please call 568-6900 between 11:00 and 12:00 to find out if class has been canceled or not.
Participation is not optional. Students must demonstrate an effort to learn and improve riding skills. Students must also demonstrate an effort to learn and use the equipment properly.

Tests
Final exam- make ups will only be given if the student has an excused absence from the deans office.
Evaluation / Grading
Your final grade will be calculated in the following manner:
   50% Development of skills and riding progress
   25% Final examination
   15% Midterm
   10% Attendance and attitude

Grading Scale:  
   A    90-100
   B+   87-89
   B    80-86
   C+   77-79
   C    70-76
   D    60-69
   F    59 and below

This course adheres to the Honor Code of the College of Charleston. Specific details of the Honor Code can be found in the Student Handbook.

Kennerleigh Farm is a place of business. Please be respectful of the following rules:
1. Alcoholic beverages and smoking are not allowed on the stable grounds
2. All students must fill out a medical and liability release form, including accident insurance, before having contact with the horses.

Students enrolled in this class are expected to be available for class from 1:00-4:00 p.m. on the scheduled class day. However, for the convenience of the students, after the first several meetings, the class is divided into timed groups for mounted and unmounted.

Please be on time for your group. If you are late, the class will not wait for you and you may not be allowed to ride that day. If class runs late, students will not be excused from other classes, work, etc. However, no student will be required to stay past 4:00 p.m.

Course Schedule   PEHD 133 Intermediate Horseback Riding

January 14        1. Introduction and paperwork at C of C gym bleachers

January 21        2. Mounted: Assignment of horses, review of riding skills (front ring)
                  Unmounted: Formation of groups
                  Reading assignment: p. 23-38, p. 168-173

January 28        3. Mounted: Review two point (front ring)
                  Unmounted: Handling and grooming
                  Reading assignment: p. 40, p. 131-138, p. 146-158

February 4        4. Mounted: Review posting and diagonals (front ring)
Unmounted: Putting on a saddle
Reading assignment: p. 101-103, p. 247-282

February 11  
   Unmounted: Naming and cleaning tack
   Reading assignment: p. 99, p. 103-109, p. 248-249

February 18  
6. Mounted: Transitions and serpentines
   Unmounted: Overview of Eventing
   Reading assignment: p. 122-128

February 25  
   Unmounted: Watch video on jump judging
   Reading assignment: none.

March 4  
   Unmounted: Horse parts, colors, and conformation
   Reading assignment: p. 42-44, p. 231-245

March 11  
Spring Break- no class

March 18  
   Unmounted: Stall care and stable vices
   Reading assignment: p. 176-182

March 25  
    Unmounted: Feeding, watering, and conditioning
    Reading assignment: p. 44-46, p. 183-199

April 1  
    Unmounted: The horse’s hoof
    Reading assignment: p. 66-78, p. 199-207

April 8  
12. Mounted: Ground poles and grid work.
    Unmounted: Health care and veterinary knowledge
    Reading assignment: p. 109-122, p. 209-216

April 15  
13. Mounted: Ride a course of ground poles (stadium field)
    Unmounted: final review.

April 22  
14. Final exam

Future and Additional Riding:
   - The College of Charleston offers Advanced Horseback Riding (PEHD SP 120-5, Spring) through Kennerleigh Farm.
   - Additional riding lessons and trail riding are available at Kennerleigh Farm for the
discounted student rate of $35 per lesson or trail ride ($45 regular). Please ask in the office for scheduling if you are interested in additional riding.

**Directions to Kennerleigh Farm, Johns Island**

- Take Calhoun St. to the end onto the James Island Connector (Route 30)
- Follow the Connector to the end and turn right onto Folly Rd (Hwy 171)
- At first light turn left onto Central Park Rd. (by the movie theater & James Island post office)
- Continue to end and turn right onto Riverland Dr. - continue until see golf course.
- Turn left at the light by the golf course onto Maybank Hwy (Hwy 700) and go over the bridge
- Turn left onto River Rd. (Hess gas station on the right at the stop light)
- 3 miles down River Rd. you will see the Johns Island Executive Airport.
- Turn right onto Plowground Rd, 1.5 miles
- Turn right into Farm, 1.7 miles.