College of Charleston  
PEHD 133-002 / Intermediate Horseback Riding  
Tuesday     Spring 2010

Kennerleigh Farm       Instructor:  Rebecca Housley  
3288 Plowground Rd             Hunter Gilbert  
Johns Island, SC 29455  
843-568-6900

Office Hours: Monday-Thursday 12:30-1:00p.m. or by appointment

Course Description
This course is designed to review basic horse handling and to develop a correct position for the rider to use the aids to effectively communicate with the horse. Students will review proper groundwork and horse handling to include haltering, leading, grooming, equipment, and proper use and care of the horse. Students will start advanced trot work, and receive an introduction to the three phase discipline of eventing which includes dressage, stadium jumping and cross country.

Prerequisites: PEHD 113/Beginning Horseback Riding or equivalent.

Text (REQUIRED)

Text can be purchased at Kennerleigh Farm.

Materials (REQUIRED)
Students must wear hard soled shoes and long pants or breeches. Please do not wear clunky heeled shoes. Students will be considered absent if they arrive in shorts or inappropriate shoes. Safety helmets are available for purchase at the farm. You may use your own helmet if it meets ASTM/SEI standards

Course Requirements
Attendance / Participation
Attendance is not optional. It is essential that students be present for all class meetings. Students are expected to be on time and ready to ride. Students are allowed two (2) unexcused absences without penalty. Students who have more than two (2) unexcused absences will lose five (5) points for each from their final grade. Students who miss five (5) or more classes will receive an F in the course. Excused absences may be obtained from the Dean of Undergraduate Studies. If the weather is bad, please call 568-6900 between 11:00 and 12:00 to find out if class has been canceled or not.
Participation is not optional. Students must demonstrate an effort to learn and improve riding skills. Students must also demonstrate an effort to learn and use the equipment properly.

Tests
Final exam- make ups will only be given if the student has an excused absence from the deans office.
**Evaluation / Grading**

Your final grade will be calculated in the following manner:

- 50% Development of skills and riding progress
- 25% Final examination
- 15% Midterm
- 10% Attendance and attitude

**Grading Scale:**

- A 90-100
- B+ 87-89
- B 80-86
- C+ 77-79
- C 70-76
- D 60-69
- F 59 and below

This course adheres to the Honor Code of the College of Charleston. Specific details of the Honor Code can be found in the Student Handbook.

**Kennerleigh Farm** is a place of business. Please be respectful of the following rules:

1. **Alcoholic beverages** and **smoking** are not allowed on the stable grounds
2. All students must fill out a medical and liability release form, including **accident insurance**, before having contact with the horses.

Students enrolled in this class are expected to be available for class from 1:00-4:00 p.m. on the scheduled class day. However, for the convenience of the students, after the first several meetings, the class is divided into timed groups for mounted and unmounted.

Please be on time for your group. If you are late, the class will not wait for you and you may not be allowed to ride that day. If class runs late, students will not be excused from other classes, work, etc. However, no student will be required to stay past 4:00 p.m.

**Course Schedule**  
**PEHD 133 Intermediate Horseback Riding**

**January 12**

1. Introduction and paperwork at C of C gym bleachers

**January 19**

2. Mounted: Assignment of horses, review of riding skills (front ring)  
Unmounted: Formation of groups  
Reading assignment: p. 23-38, p. 168-173

**January 26**

3. Mounted: Review two point (front ring)  
Unmounted: Handling and grooming  
Reading assignment: p. 40, p. 131-138, p. 146-158

**February 2**

4. Mounted: Review posting and diagonals (front ring)
Unmounted: Putting on a saddle  
Reading assignment: p. 101-103, p. 247-282

February 9  
5. Mounted: Figures and accuracy. (front ring)  
Unmounted: Naming and cleaning tack  
Reading assignment: p. 99, p. 103-109, p. 248-249

February 16  
6. Mounted: Transitions and serpentes (front ring)  
Unmounted: Overview of Eventing  
Reading assignment: p. 122-128

February 23  
7. Mounted: Trail Ride  
Unmounted: Horse parts, colors, and conformation  
Reading assignment: p. 42-44, p. 231-245

March 2  
Unmounted: Watch video.  
Reading assignment: none.

March 9  
Spring Break, no class

March 16  
9. Mounted: Ground poles and grid work.  
Unmounted: Stall care and stable vices  
Reading assignment: p. 176-182

March 23  
Unmounted: Feeding, watering, and conditioning  
Reading assignment: p. 44-46, p. 183-199

March 30  
11. Mounted: Ride a dressage test  
Unmounted: The horse’s hoof  
Reading assignment: p. 66-78, p. 199-207

April 6  
12. Mounted: Ground poles and grid work.  
Unmounted: Final review.

April 13  
13. Mounted: Ride a course of ground poles (stadium field)  
Unmounted: Health care and veterinary knowledge  
Reading assignment: p. 109-122, p. 209-216

April 20  
Final exam.  Mounted and written.

Future and Additional Riding:
- The College of Charleston offers Advanced Horseback Riding (PEHD SP 120-5, Spring) through Kennerleigh Farm.
- Additional riding lessons and trail riding are available at Kennerleigh Farm for the
discounted student rate of $35 per lesson or trail ride ($45 regular). Please ask in the office for scheduling if you are interested in additional riding.

**Directions to Kennerleigh Farm, Johns Island**

- Take Calhoun St. to the end onto the James Island Connector (Route 30)
- Follow the Connector to the end and turn right onto Folly Rd (Hwy 171)
- At first light turn left onto Central Park Rd. (by the movie theater & James Island post office)
- Continue to end and turn right onto Riverland Dr. - continue until see golf course.
- Turn left at the light by the golf course onto Maybank Hwy (Hwy 700) and go over the bridge
- Turn left onto River Rd. (Hess gas station on the right at the stop light)
- Turn right onto Plowground Rd, 1.5 miles
- Turn right into farm, 1.7 miles