College of Charleston
PEHD 117 Badminton/Racquetball
Spring 2012  2 Semester Hours

Time & Place:    9 & 10am  MWF, Johnson Center, Room 110

Instructor:      Mrs. Barnette

Office Located: Silcox Center, Room 212

Office Phone:   953-6747  email:  barnettes@cofc.edu

Office Hours:   M-F 11:00am -Noon and by appointment any day.

Prerequisites:  None

Grading:       A, B+, B, C+, C, D, F

Equipment Required:  Goggles  (All other equipment provided.)

Waiver Acceptance Required:
Must go into Oaks and acknowledge acceptance of waiver for class or you may not continue in class.

Course Description:
This course will include instruction on the basic skills and strategies in badminton and racquetball.

Optional Texts:
Any badminton or racquetball text will be helpful. Copies located in Silcox study room.

Course Objectives: Competencies within the course should prepare students:
• 1. To develop and improve on basic skills in badminton and pickleball by lecture, reading the text, participating in drills, and competitive activities.
• 2. To provide a basic knowledge and understanding of the rules and strategies of badminton and pickleball through reading the text, lecture, and application in game situations.
• 3. To develop an enjoyment in the activities which will provide an opportunity for physical fitness through life long participation.
**Requirements:**
- Outside Assignment  5%
- Participation          15%
- Skills Tests           40%
- Written Tests          40%

**Outside Assignment:**
Students have two options.

1. Do a report on a health/fitness related issue. It has to be a minimum of 2 typed pages, (12pt. font, double spaced -1000 words min.). It must have cover page with your name, name of article and reference. The article may be from a magazine or newspaper of 2008-present. Biographies are not appropriate. The paper may be submitted to the Dropbox in OAKS or hardcopy (must be stapled or not accepted).

2. Create a 2-3 minute video clip of teaching a specific skill used in badminton or racquetball. This video uploaded to YouTube and the link should be submitted in the Dropbox in OAKS.

**Criteria For Evaluation:**
- Written Exam Badminton  20pts
- Written Exam Racquetball 20pts
- Skills Test Badminton    20pts
- Skills Test Pickleball   20pts
- Health Report           5pts
- Instructor Evaluation   15pts

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Total 100pts

**Grading Scale: (Implemented 2006-07)**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Range</th>
<th>Grade</th>
<th>Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>93-100pts</td>
<td>C</td>
<td>74-77pts</td>
</tr>
<tr>
<td>A-</td>
<td>90-92pts</td>
<td>C-</td>
<td>72-73pts</td>
</tr>
<tr>
<td>B+</td>
<td>88-89pts</td>
<td>D+</td>
<td>70-71pts</td>
</tr>
<tr>
<td>B</td>
<td>83-87pts</td>
<td>D</td>
<td>68-69pts</td>
</tr>
<tr>
<td>B-</td>
<td>80-82pts</td>
<td>D-</td>
<td>66-67pts</td>
</tr>
<tr>
<td>C+</td>
<td>78-79pts</td>
<td>F</td>
<td>65 and below</td>
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**Bonus Points:** You may earn 1/2 point bonus for each CRS event participation. You must notify instructor for credit. Other opportunities for bonus points may be announced during the semester. Jump Rope for Heart will be extra credit points. (Also see attendance.) Bonus points cap is 7pts.
Make-up Test: Make-up written (not skills) tests may be given with an excused absence, but it is the responsibility of the student to inform the instructor immediately upon missing a test to arrange for make-up tests. Unexcused make-ups may be given with 10 points per day reduction, but not **skills tests which may be given over two class periods. Missing either day will result in loss of the skill tested on the respective day.**

Attendance: Attendance is required. You may miss three classes without being penalized. For each additional unexcused absence, your final grade will be reduced by two points. Excused absences must be pre-approved by Mrs. Barnette or approved by the Undergraduate Dean's Office. No other excuses will be accepted. Those students not using the acceptable amount of cuts will have 2 bonus points per absence added to their final point total. Entering class after roll call is considered tardy. Three tardies will equal one absence on point deductions. Over 10 minutes late equals two tardies. If a student misses three or more classes which are excused, they will not be eligible for the bonus points on attendance.

Honor System: The College of Charleston Honor System is recognized in this course. For the specific details of responsibility and penalty, see the current issue of the College of Charleston Student Handbook. Take special note of the following **NEW policy concerning grades and cheating.** “Cases of suspected academic dishonesty will be reported directly to the Dean of Students. A student found responsible for academic dishonesty will receive a XF in the course, indicating failure of the course due to academic dishonesty. This grade will appear on the student’s transcript for two years after which the student may petition for the X to be expunged. The student may also be placed on disciplinary probation, suspended (temporary removal) or expelled (permanent removal) from the College by the Honor Board.”

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**Badminton/Racquetball**
**Tentative Class Schedule**

<table>
<thead>
<tr>
<th>Assignment Due</th>
<th>March 30</th>
<th>Outside Assignment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date/Day</td>
<td>Daily Activities</td>
<td>Reading</td>
</tr>
</tbody>
</table>

**January**

9m
11w
13f
**176m**
18w

9m  First Class syllabus
11w  Rules, High Clears, Serve (See FYI on WebCT)
13f  Play
**176m**  MLK Holiday
18w  High Clears, Serves, Drops
20f  Play Games
23m  Rules, High Clears, Serve
25w  High Clears, Serves, Drops, Kills
27f  Play Games
30m  Strategy, play

**February**

1w  Strategy, play
3f  Play Games
6m  Tournament
8w  Tournament
10f  **Badminton Written Test**
13m  Practice Skills test
15w  **Badminton Skills Test (2/3 of Test)**
17f  **Badminton Skills Test (1/3 of Test), Jump Rope for Heart**
20m  Begin Racquetball, Rules, Principles of Play
22w  Forehand and Backhand (See FYI on WebCT)
24f  Play
27m  Serves, Review Strokes, Rules
29w  Skills, Backwall

**March**

2f  Class canceled
5-9  **Spring Break**
12m  Review, Skills
14w  Ceiling Shots
16f  Play
19m  Skills, Review
21w  Play Doubles
23f  Play
25m  Skills, Play
28w  Skills, Play
30f  Play games, **Outside Assignment Due**

**April**

2m  Skills, play
4w  Skills, play
6f  Play games - Challenges
9m  Tournament
11w  Tournament
13f  **Written Test**
16m  Practice, play
18w  **Skills Test**
20f  **Skills Test**
23m  Free play, last day of class, NO FINAL EXAM