TIME & PLACE: TBD

INSTRUCTOR: Susan E. Balinsky, DrPH, CHES

OFFICE HOURS: 1:30 – 2:30 MW, 9:00-11:00 Tuesday, 9:00-9:45 Thursday and by appointment

OFFICE: Room 319, Silcox Physical Education and Health Center

PHONE/FAX: 953-8242 (direct) 953-5558 (Dept. Office) 843-953-6757 (FAX)

E-MAIL: BalinskyS@cofc.edu

PREREQUISITES: HEAL 216, Junior status

CO-REQUISITE: HEAL 325


COURSE DESCRIPTION: Apply the course material and work on Council on Education in Public Health (CEPH) and Certified Health Education Specialist (CHES) competencies in a profit or nonprofit health agency.

COURSE OBJECTIVES: Upon successful completion of this course, students should have experience in at least three (3) of the following CEPH competencies

As educated members of society, all undergraduates should be able to….

1.2 Describe risk factors of infectious and chronic diseases and how these diseases affect both personal and population health

1.11 Appreciate the role of community collaborations in promoting health

2.2 Identify scientific data and other information for assessing the well-being of a community

2.4 Communicate health information to a wide range of audiences through an array of media

2.6 Engage in collaborative and interdisciplinary approaches and teamwork for improving population health

2.10 Recognize the impact of policies, laws, and legislation on both individual and population health

3.1 Identify stakeholders who influence health programs and interventions

3.5 Champion the role of prevention in promoting a healthy community

**AND** at least three (3) of the following CHES competencies: (HEJA)

I.A.E.4 Select valid sources of information about health needs and interests

I.B.E.3 Conduct health related needs assessment

I.C.E.1 Identify diverse factors that influence health behaviors

I.C.E.2 Identify behaviors that tend to promote or compromise health

II.A.E.1 Identify populations for health education programs
II.A.E.2  Elicit input from those who will affect, or be affected by, the program
II.B.E.3  Suggest approaches for integrating health education within existing health programs
II.G.E.2  Identify barriers to the implementation of health education methods
III.C.E.1  Use the Code of Ethics in professional practice
III.C.E.3  Demonstrate skills needed to develop capacity for improving health status
IV.D.E.1  Use appropriate research methods and designs in health education practice
IV.E.E.4  Report effectiveness of programs in achieving proposed objectives
VII.B.E.1  Assess the appropriateness of language in health education messages
VII.B.E.6  Use oral, electronic, and written techniques for communicating health education information
VII.B.E.7  Demonstrate proficiency in communicating health information and health education needs
VII.C.E.1  Develop a personal plan for professional growth

REQUIREMENTS:  
1. Meet with Dr. Balinsky to complete paperwork
2. Complete a minimum of thirty (30) hours in a health-related setting
3. Complete a diary (use form provided) for each day you volunteer
4. Meet with Dr. Balinsky prior to mid-term to go over completed diaries
5. Submit the Overall Performance Rating form completed by your site supervisor at the end of the semester along with full semester diaries
6. Complete final paper

FINAL PAPER:  
After completing your hours, type a short, concise paper explaining which of the CEPH competencies and which of the CHES competencies you addressed during your lab experience. Provide a brief description of how you met each of the competencies identified. Also, at the end of the paper, list the number of CEPH competencies and the number of CHES competencies you identified at least once.

MID-TERM GRADE:  
Mid-term grade will be based on promptness of meeting with Dr. Balinsky at the beginning of the semester as well as mid-semester and the number of hours completed by mid-term.

FINAL GRADING:  
The following must be met to achieve the specified grade: (the rating score is based on the Overall Performance rating provided by the site supervisor)

A  
Complete at least 30 hours with corresponding diary completed
Have at least an Above Average rating by your supervisor
Earn at least 90% on your final paper

A-  
Complete at least 30 hours with corresponding diary completed
Have an Average rating by your supervisor
Earn at least 88% on your final paper
B+  Complete 27-29.5 hours with corresponding diary completed  
Have at least an Above Average rating  
Earn at least 85% on your final paper

B   Complete 25-26.5 hours with corresponding diary completed  
Have at least an Above Average rating  
Earn at least 80% on your final paper

B-   Complete 23-24.5 hours with corresponding diary completed  
Have at least an Above Average rating  
Earn at least 78% on your final paper

C+   Complete 21-22.5 hours with corresponding diary completed  
Have at least an Average rating  
Earn at least 75% on your final paper

C   Complete 20-21.5 hours with corresponding diary completed  
Have at least an Average rating  
Earn at least 70% on your final paper

C-  Complete 20-20.5 hours with corresponding diary completed  
Have at least an Average rating  
Earn at least 68% on your final paper

D+  Complete 15-17.5 hours with corresponding diary completed  
Have at least an Average rating  
Earn at least 66% on your final paper

D  Complete 15-17.5 hours with corresponding diary completed  
Have at least an Average rating  
Earn at least 64% on your final paper

D-  Complete 15-17.5 hours with corresponding diary completed  
Have at least an Average rating  
Earn at least 62% on your final paper

F   Complete less than 15 hours

**EXPECTATIONS:**  Students will:
1. be on time and dressed professionally  
2. maintain client confidentiality as required  
3. maintain a mature and professional attitude  
4. complete tasks independently and seek learning experiences  
5. accept and use constructive criticism  
6. keep personal life issues separate from field experience  
7. take responsibility for personal professional growth

**ALL MATERIALS DUE NO LATER THAN WEDNESDAY APRIL 22 at 5:00 p.m.**
Health Promotion Lab Assessment

Student: ________________________________  Semester: ____________

Site: ________________________________  Total hours completed: ______

Site Supervisor: ________________________________

Site Supervisor contact information:
  Address: ___________________________________________________________

   Office phone: ___________________________  Email: ___________________________

Professional Qualities

3 = Excellent  2 = Good (some aspects need improvement)  1 = Needs Improvement

_____ Demonstrates reliability and dependability

_____ Maintains professionalism regardless of setting

_____ Demonstrates good listening and communication skills

_____ Displays confidence within the knowledge base without overstepping boundaries

_____ Regularly exhibits good time management skills

_____ Takes initiative and completes tasks without being asked

_____ Willingness to seek and/or accept constructive criticism and assistance

_____ Demonstrates ability to adapt and remain flexible

_____ Takes responsibility for actions

_____ Demonstrates willingness to help with whatever task is needed

Overall Performance Rating

Based on your work with this student, please circle the word that best reflects the student’s overall performance.

Excellent  Above Average  Average  Below Average  Unacceptable

Site Supervisor (print name) ______________________________________

Site Supervisor (signature) ______________________________________  Date ______

Student Signature ________________________________________________  Date ______

* Student’s signature indicates student was provided an opportunity to discuss the content of this evaluation with his/her Site Supervisor and with the Lab Instructor, if requested.