College of Charleston
PEHD 119-Beginning Tennis
Fall 2014
Tu-Th 8:45-10:00
Tu-Th 10:00-11:15

***All classes will be held at The College of Charleston Tennis Center at Patriots Point located in Mt. Pleasant
***Students must provide their own transportation

Instructor: Coach Angelo Anastopoulo

Phone: (Office) 953-5466 (Cell) 843-224-4468

Office: College of Charleston Tennis Center at Patroits Point

Office Hours: By Appointment

Texts: None Needed

Course Description: The history, techniques, practice of skills, strategy and rules of tennis will be covered.

Course Prerequisites: None

COURSE OBJECTIVES:

1. To provide a basic knowledge of rules and strategies through application in game situations to include both singles and doubles.

2. To provide an opportunity for physical fitness through life long participation.

3. To improve and develop tennis play by performing specific skill objectives to include serve, forehand, backhand, volley and lob.

CRITERIA FOR EVALUATION:

1. Skills-completion of objectives 20%

2. Skills Tests 25%

3. Written-Tennis Knowledge
   Scoring Knowledge 25% 5%

4. Paper 25%

Total.........................................................100%
Grading Scale:

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<thead>
<tr>
<th>Grade</th>
<th>Range</th>
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<tbody>
<tr>
<td>A</td>
<td>93-100</td>
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<tr>
<td>A-</td>
<td>90-92</td>
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<td>B+</td>
<td>88-89</td>
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<tr>
<td>B</td>
<td>83-87</td>
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<td>B-</td>
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<td>C+</td>
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<td>C</td>
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<td>C-</td>
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<td>D</td>
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<td>D-</td>
<td>66-67</td>
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<tr>
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<td>&lt; 66</td>
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Course Requirements and Attendance Policy:

1. In-class activities will include explanation and demonstration of skills and strategy required to play tennis followed by student participation in practice, competition, and skill testing. Students will work on skill objectives on an individual basis with class-mates.
2. Out-of-class activity will include practice and competitive opportunities provided to the student through campus recreation services.
3. All students will be allowed two (2) unexcused absences, except during evaluation periods. Roll will be checked daily.
4. Every missed class in excess of the two (2) unexcused absences will result in two (2) percentage points being deducted from your final grade average. Eight (8) or more absences for any reason (excused or unexcused) will result in an automatic “F” in the class.
5. Class will begin and end in a timely manner. You are expected to be prepared when class begins. Persistent tardiness will result in loss of points.
6. You are responsible for any work missed when you fail to attend class.
7. Since this is a participation class, students will be expected to report to each class prepared to participate with appropriate clothing, tennis racket and tennis shoes.
8. Profanity and other types of inappropriate behavior will not be tolerated. Those who cannot abide by this will be dismissed from class.
9. Make-up exams for skill and knowledge tests will only be given when extenuating circumstances exist.
10. You are required to research one aspect of tennis (history, equipment, a player, etc.). The paper must be typed, double-spaced, and a minimum of three pages using two other sources other than your text. You must cite your works throughout your paper. Papers are due on **October 2**. Late papers will not be accepted and any individual not turning in a paper receives an “0” on the assignment.

**ACADEMIC HONOR CODE:** Students will be expected to abide by the academic honor code found on pages 55-62 in the Student Handbook.

**TENTATIVE CLASS SCHEDULE**

**Aug. 19**
- Syllabus, evaluation, class schedule, dress for class, explanation of different types of rackets, tennis strings, tennis shoes and explanation of objectives.

**Aug. 21**
- Information about the court, simplified rules, grips, ready position, court positioning for play, and scoring.

**Aug. 26**
- Forehand grip and stroke and practice of skill. Objectives 1-3

**Aug. 28**
- Practice of forehand stroke. Objectives 4 and 5.

**Sept. 2**
- Practice of forehand stroke. Objectives 6-7.

**Sept. 4**
- Demonstration of backhand grip and stroke. Objectives 8 and 9.

**Sept. 9**
- Written test on scoring. Objective 10.

**Sept. 11**

**Sept. 16**
- Demonstration of serving grip and stroke. Objectives 12-13

**Sept. 18**

**Sept. 23**
- Review of serve. Continue working on Objective 15.

**Sept. 25**
- Review of serve. Objective 16.

**Sept. 30**

**Oct. 2**
- Demonstration of the volley grip and stroke. Objectives 17, 18, and 19. **Tennis Papers are Due.**
Oct. 7- Demonstration of the lob grip, stroke and as a strategy. Objectives 20 and 21.

Oct. 9- Demonstration of the dropshot grip, stroke and as a strategy. Objectives 22 and 23.


Oct. 16- Review for written tennis knowledge test.

Oct. 21- Tennis knowledge written test.

Oct. 23- Objectives 26 and 27.

Oct. 28- Objectives 27 and 28.

Oct. 30- Objectives 28 and 29.

Nov. 6- Skill Testing

Nov. 11- Skill Testing

Nov. 13- Skill Testing

Nov. 18- Skill Testing

Nov. 20- Skill Testing

Nov. 25- Skill Testing