College of Charleston
PEAC 120_06 Disc Golf

Fall 2015 2 Semester Hours

Time & Place: 4:30-5:45pm MWF, Silcox - Room 409

Instructor: Mr. Cauthen ’92, M.Ed.

Office Located: Silcox Center, Room 115

Office Phone: 843-332-7272 email: Cauthen.hal@gmail.com

Office Hours: MW from 8:30 AM to 9:15AM, T from 1:30 PM to 2:30PM. Additional times are available by appointment.

Prerequisites: None


Course Description:
This course will include instruction on the basic skills and strategies in disc golf.

Required Service:
3 golf discs- one driver, one mid-range and one putter.

Course Objectives: Competencies within the course should prepare students:
1. To develop and improve on basic skills in disc golf by lecture, viewing instructional videos, participating in drills, and competitive activities.
2. To provide a basic knowledge and understanding of the rules and strategies of disc golf through reading, lecture, and application in competitive play.
3. To develop an enjoyment of the activities providing an opportunity for physical fitness through life-long participation.

Description of Projects:

Written Exams – A quiz will be given at the beginning of each unit covering rules and safety.

Quiz – A take-home quiz will be given in the first week. It is due by Monday, September 7.

Skills – Students will have the effort and technique will be assessed daily with feedback given individually. Skills will be assessed early in the semester to establish a benchmark. Students will be encouraged to improve distance and accuracy as the weeks accrue.

Tournaments – This instructor feels passionate about the importance of attending and participating in activity classes. We will have a tournament at the end of the semester.

Participation – Attending class, warming-up properly, engaging in learning activities fully and showing respect to classmates is extremely important and is expected in this class. Points will be awarded for attendance, punctuality/warm-up, participation, and student conduct. A detailed rubric outlining expectations related to participation will be given to each student and will be posted on OAKS.

Criteria for Evaluation:
- Written Exam 50 pts
- Quizzes 30 pts
- Skills putting 50 pts
Skills approach shots 50 pts
Written Report 50pts
Tournaments 320pts

Total 600pts

Grading Scale:
A = 93-100%  
A- = 90-92%  
B+ = 88-89%  
B- = 80-82%  
C+ = 78-79%  
C = 74-77%  
C- = 72-73%  
D+ = 70-71%  
D = 68-69%  
D- = 60-67%  
F = < 66%

Bonus Points:

Make-up Tests: No make-ups will be given. Skills are accessed periodically during 2-day periods. If a student is absent both days and the absences are excused, an assessment will be made at a later date when possible. No skill make-ups will be granted for unexcused absences.

Attendance: Attendance in an activity-based class is critical. Missing class during a tournament will result in a loss of points for that round. For one-day tournaments this means students will lose 100% of tournament points. Missing class during the tournament will result in a loss of 15 points per day.

Punctuality: Students are expected to be on time each class. After the first tardy, students will receive a 10-point loss for each tardy.

Texting: This instructor fully supports the College’s Student Code of Conduct. All cellular devices must be turned off prior to class. Texting in class or checking one’s phone will result in a 20-point per occurrence reduction in one’s final point total.

Proper Attire: Students must dress appropriately which includes athletic attire. Jeans and other long pants that are not designed for athletics are not allowed. Proper shoes are essential. Boat shoes similar to Docksiders are not designed for lateral movement, nor are flip-flops and/or sandals. Students without proper attire will not be allowed to participate and will lose points for that day. Students will not be allowed to participate without proper goggles and will receive an absence for those days resulting in a loss of points.

Honor System: Students must do their own work. Please see the 2014-2015 Student Handbook (Academic Honor System) for a description of the College’s Honor System, which is fully supported in this class.

College of Charleston Honor Code and Academic Integrity

Lying, cheating, attempted cheating, and plagiarism are violations of our Honor Code that, when identified, are investigated. Each incident will be examined to determine the degree of deception involved.

Incidents where the instructor determines the student’s actions are related more to a misunderstanding will be handled by the instructor. A written intervention designed to help prevent the student from repeating the error will be given to the student. The intervention, submitted by form and signed by both the instructor and the student, will be forwarded to the Dean of Students and placed in the student’s file.

Cases of suspected academic dishonesty will be reported directly by the instructor and/or others having knowledge of the incident to the Dean of Students. A student found responsible by the Honor Board for academic dishonesty will receive a XF in the course, indicating failure of the course due to academic dishonesty. This grade will appear on the student’s transcript for two years after which the student may petition for the X to be expunged. The student may also be placed on disciplinary probation, suspended (temporary removal) or expelled (permanent removal) from the College by the Honor Board.
Students should be aware that unauthorized collaboration—working together without permission—is a form of cheating. Unless the instructor specifies that students can work together on an assignment, quiz and/or test, no collaboration during the completion of the assignment is permitted. Other forms of cheating include possessing or using an unauthorized study aid (which could include accessing information stored on a cell phone), copying from others’ exams, fabricating data, and giving unauthorized assistance.

Research conducted and/or papers written for other classes cannot be used in whole or in part for any assignment in this class without obtaining prior permission from the instructor.

Students can find the complete Honor Code and all related processes in the Student Handbook at http://www.cofc.edu/generaldocuments/handbook.pdf

This College abides by section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act that stipulates no student shall be denied access to an education “solely by reason of a handicap.” Disabilities covered by law include, but are not limited to, learning disabilities and hearing, sight or mobility impairments. If you have a documented disability that may have some impact on your work in this class and for which you may require accommodations, please see an administrator at the Center of Disability Services, (843) 953-1431 or me so that such accommodation may be arranged.

Classroom Code of Conduct: Code language that guides our responses to classroom disruption can be found in the Student Handbook: A Guide to Civil and Honorable Conduct.

The Student Code of Conduct specifically forbids

Disruption or obstruction of teaching, research, administration, disciplinary proceedings, other college activities, including its public service functions on or off campus, or other authorized non-college activities when the act occurs on college premises.

The Classroom Code of Conduct (from the President’s Advisory Committee) covers specific principles of civil conduct expected in a college classroom:

- Do not cut classes, come in late or leave early.
- Never leave during class unless you absolutely must. Leaving for a short break and then returning is not acceptable.
- Turn off cell phones, pagers and all other electronic devices.
- It is rude and unacceptable to talk with classmates while the professor (or another student who has the floor) is talking.
- Visible and noisy signs of restlessness are rude as well as disruptive to others. (Student Handbook)

This College abides by section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act that stipulates no student shall be denied access to an education “solely by reason of a handicap.” Disabilities covered by law include, but are not limited to, learning disabilities and hearing, sight or mobility impairments. If you have a documented disability that may have some impact on your work in this class and for which you may require accommodations, please see an administrator at the Center of Disability Services, (843) 953-1431 or me so that such accommodation may be arranged.

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<td><strong>Tentative Class Schedule</strong></td>
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Week 2  
August 31st, September 2nd: History of the game.

Week 3  
September 7th, 9th: Proper Warm-Up, putting techniques.

Week 4  
September 14th, 16th: Putting techniques at Park Circle.

Week 5  
September 21st, 23rd: Approach techniques at Park Circle.

Week 6  
September 28th, 30th: Techniques for throwing a driver at Park Circle, nine holes of singles play.

Week 7  
October 5th, 7th: Techniques for throwing a side-arm, nine holes of play- at Park Circle.

Week 8  
October 12th, 16th: Techniques for over-head throws, disc golf psychology.

Week 9  

Week 10  
October 26th, 28th: Review-Techniques- driving a mid-range- James Island county Park

Week 11  
November 2nd, 4th: Review-Techniques- driving a mid-range- James Island County Park

Week 12  
November 9th, 11th: Review-Techniques for throwing a side-arm- J. Island County Park

Week 13  
November 16th, 18th: Review: Techniques for over-head throws - J. Island County Park

Week 14  

Week 15  
November 30th, December 2nd: Tournament at James Island County Park.