College of Charleston
PEHD 119-Beginning Tennis
Fall 2016
Tu-Th 8:45-10:00
Tu-Th 10:00-11:15

***All Classes will be held at The College of Charleston Tennis Center at Patriots
Point located in Mt. Pleasant. (75 Patriots Point Road)
***Students must provide their own transportation

Instructor: Coach Angelo Anastopoulo

Phone: (Office) 843-953-5466 (Cell) 843-224-4468

Office: College of Charleston Tennis Center at Patriots Point

Office Hours: By Appointment

Course Description: The history, techniques, practice of skills, strategy and rules of
tennis will be covered.

Course Prerequisites: None

Student Learning Objectives:

PEAC 119 Beginning Tennis

As a result of participating in PEAC 119, students will demonstrate the
proper way to hit a forehand, backhand, volley, serve, drobshot and lob.

As a result of participating in PEAC 119, students will be provided an
opportunity for physical fitness through life long participation.

As a result of participating in PEAC 119, students will demonstrate the
knowledge of tennis rules, proper scoring, tennis terminolgy and match
strategies for both singles and doubles play.

CRITERIA FOR EVALUATION:

1. Skills-completion of objectives 20%
2. Skills Tests 25%
3. Written-Tennis Knowledge 25%
   Scoring Knowledge 5%
4. Paper                        25%

Total.................................................. 100%

**Grading Scale:**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Range</th>
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<tbody>
<tr>
<td>A</td>
<td>93-100</td>
</tr>
<tr>
<td>A-</td>
<td>90-92</td>
</tr>
<tr>
<td>B+</td>
<td>88-89</td>
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<tr>
<td>B</td>
<td>83-87</td>
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<tr>
<td>B-</td>
<td>80-82</td>
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<tr>
<td>C+</td>
<td>78-79</td>
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<td>C</td>
<td>74-77</td>
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<td>C-</td>
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<td>D+</td>
<td>70-71</td>
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<tr>
<td>D</td>
<td>68-69</td>
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<tr>
<td>D-</td>
<td>66-67</td>
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<tr>
<td>F</td>
<td>&lt; 66</td>
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**Course Requirements and Attendance Policy:**

1. In-class activities will include explanation and demonstration of skills and strategy required to play tennis followed by student participation in practice, competition, and skill testing. Students will work on skill objectives on an individual basis with classmates.

2. Out-of-class activity will include practice and competitive opportunities provided to the student through campus recreation services.

3. All students will be allowed two (2) unexcused absences, except during evaluation periods. Roll will be checked daily.

4. Every missed class in excess of the two (2) unexcused absences will result in two (2) percentage points being deducted from your final grade average. Six (6) or more absences for any reason (excused or unexcused) will result in an automatic “F” in the class. Missing class while not enrolled counts towards the six.

5. Class will begin and end in a timely manner. You are expected to be prepared when class begins. Persistent tardiness will result in loss of points.

6. You are responsible for any work missed when you fail to attend class.

7. Since this is a participation class, students will be expected to report to each class prepared to participate with appropriate clothing, tennis racket and tennis shoes.

8. Profanity and other types of inappropriate behavior will not be tolerated. Those who cannot abide by this will be dismissed from class.

9. Make-up exams for skill and knowledge tests will only be given when extenuating circumstances exist.
10. You are required to attend the Field Trip to the Family Circle Tennis Center to meet Bob Moran (Director of the Volvo Car Open), and observe the Shape Magazine Invitational. You should report on your observations of the matches and the lecture from Mr. Bob Moran. The paper must be typed (nothing larger than 14 font), double-spaced, and a minimum of three pages. Papers are due on Nov. 3rd. Late papers will not be accepted and any student not turning in a paper receives an “0” on the assignment.

**ACADEMIC HONOR CODE:** All courses in the School of Education, Health, and Human Performance are conducted under the Honor Code of the College of Charleston. The Honor Code specifically forbids lying, cheating, attempted cheating, stealing, attempted stealing and plagiarism. Students at the College are bound by honor and by their acceptance of admission to the College to abide by the Code and to report violations.

**ADA ACCOMMODATIONS:**
1. Any student eligible for and needing accommodations because of a disability is requested to speak with the professor during the first two weeks of class or as soon as the student has been approved for services so that reasonable accommodations can be arranged.
2. The College will make reasonable accommodations for persons with documented disabilities. Students should apply for services at the Center for Disability Services/SNAP located on the first floor of the Lightsey Center, Suite 104. Students approved for accommodations are responsible for notifying me as soon as possible and for contacting me one week before accommodation is needed.
3. This College abides by section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act. If you have a documented disability that may have some impact on your work in this class and for which you may require accommodations, please see an administrator at the Center of Disability Services/SNAP, 843.953.1431 or me so that such accommodation may be arranged.

**TENTATIVE CLASS SCHEDULE**
Aug. 23- Syllabus, evaluation, class schedule, dress for class, explanation of different types of rackets, tennis strings, tennis shoes and explanation of objectives. Class will meet at the CofC Tennis Center at Patriots Point.
Aug. 25- Information about the court, simplified rules, grips, ready position, court positioning for play, and scoring. (We will play on the courts)
Aug. 30- Forehand grip and stroke and practice of skill. Objectives 1-3
Sept. 1- Practice of forehand stroke. Objectives 4 and 5.
Sept. 6- Practice of forehand stroke. Objectives 6-7.
Sept. 8- Demonstration of backhand grip and stroke. Objectives 8 and 9.
Sept. 13- Objective 10. **Written quiz on scoring (5% of final grade).**
Sept. 20- Demonstration of serving grip and stroke. Objectives 12-13
Sept. 22- Field trip to the Family Circle Tennis Center and the Shape Invitational
Sept. 29- Review of serve. Objective 16.
Oct. 4- Review of Objectives 1-16.
Oct. 6- Review for written tennis knowledge test.
Oct. 11- Tennis knowledge written test (25% of final grade).
Oct. 18- Demonstration of the lob grip, stroke and as a strategy. Objectives 20 and 21.
Oct. 20- Demonstration of the dropshot grip, stroke and as a strategy. Objectives 22 and 23.
Oct. 25- Objectives 24 and 25.
Oct. 27- Objectives 26 and 27. (Last Day to Drop with a “W”)
Nov. 1- Objectives 27 and 28.
Nov. 3- Objectives 28 and 29. (Tennis Papers are Due 25% of final grade)
Nov. 10- Skill Testing
Nov. 15- Skill Testing
Nov. 17- Skill Testing
Nov. 22- Skill Testing
Nov. 29- Skill Testing (Objective Sheet turn in day 20% of final grade)
Dec. 1- Skill Testing