Lifetime Racquet Sports I -- Badminton & Pickleball

Fall 2017 2 credit hours

TIME AND PLACE 11:00-11:50 a.m. MWF  Johnson Physical Education Center, Gym 110.
INSTRUCTOR Gene Sessoms, M.A., University of Maryland, College Park.
OFFICE HOURS By appointment
OFFICE Room #207, Silcox Physical Education and Health Center
CONTACTS 843-953-8257 sessomse@cofc.edu
PREREQUISITES None
COURSE DESCRIPTION The history, techniques, practice of skills, and rules of badminton and pickleball.
COURSE TEXTS None required.
COURSE OBJECTIVES Competencies within the course should prepare students to:
1. Develop and hone the basic skills needed to participate in badminton and pickleball.
2. Demonstrate an understanding of the rules, strategies, and history of these two sports.
3. Develop an enjoyment for physical activity through participation in these lifetime sports.
STUDENT LEARNING OUTCOMES
1. As a result of participating in PEAC 117, students will be able to identify and execute the basic fundamental strokes in each sport.
2. As a result of participating in PEAC 117, students will be able to score 70% or better on rules tests for badminton and pickleball.
3. As a result of participating in PEAC 117, students will be able to design and compete in three different tournament formats in badminton and pickleball.
REQUIREMENTS
30% Active participation
30% Skills tests
10% Written report
30% Written tests
EVALUATION SCALE
A = 93 – 100 %  B- = 80 – 82 %  D+= 70 – 71 %
A- = 90 – 92 %  C+ = 78 – 79 %  D = 68 – 69 %
B+ = 88 – 89 %  C = 74 – 77 %  D- = 66 – 67 %
B = 83 – 87 %  C- = 72 – 73 %  F = 00 – 66 %
ATTENDANCE This is an activity class and your attendance and participation are considered very important. Only three absences are permitted during the semester with subsequent absences resulting in point deductions from your grade.
Tardiness to class is not considered the proper conduct. Arriving late to class will result in points deducted from your grade.
MAKE-UP EXAMS Make-up exams or skills tests are given at the discretion of the professor. It is the student's responsibility to contact the instructor about missed work.
CLASSROOM CODE OF CONDUCT Section 35 of the previously listed student handbook lists the specific principles of civil conduct expected in a college classroom, including:
- Do not cut classes, come in late or leave early.
- Never leave during class unless you absolutely must. Leaving for a short break and then returning is not acceptable.
- Turn off cell phones, pagers, and all other electronic devices.
- It is rude and unacceptable to talk with classmates while the professor (or another student who has the floor) is talking.
- Visible and noisy signs of restlessness are rude as well as disruptive to others.
ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES

The College abides by section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act. If you have a documented disability that may have some impact on your work in this class and for which you may require accommodation, please call an administrator at the Center of Disability Services/SNAP at 843-953-1431 or your instructor so that an accommodation may be arranged.

ACADEMIC INTEGRITY STATEMENT

Lying, cheating, attempted cheating, and plagiarism are violations of our Honor Code that, when suspected, are investigated. Each incident will be examined to determine the degree of deception involved.

Incidents where the instructor determines the student’s actions are related more to a misunderstanding will be handled by the instructor. A written intervention designed to help prevent the student from repeating the error will be given to the student. The intervention, submitted by form and signed both by the instructor and the student, will be forwarded to the Dean of Students and placed in the student’s file.

Cases of suspected academic dishonesty will be reported directly by the instructor and/or others having knowledge of the incident to the Dean of Students. A student found responsible by the Honor Board for academic dishonesty will receive a XXF in the course, indicating failure of the course due to academic dishonesty. This status indicator will appear on the student’s transcript for two years after which the student may petition for the XX to be expunged. The F is permanent.

Students should be aware that unauthorized collaboration—working together without permission—is a form of cheating. Research conducted and/or papers written for other classes cannot be used in whole or in part for any assignment in this class without obtaining prior permission from the instructor.

Students can find the complete Honor Code and all related processes in the Student Handbook at http://studentaffairs.cofc.edu/honor-system/studenthandbook/index.php.

LIABILITY FORM


COURSE CONTENTS

Written tests – one test for each sport that covers the techniques and fundamental skills necessary for play, the history of the sport, the rules of play, and game strategy for singles and doubles play.

Skills tests – a separate skills test will be administered for each sport. The skills tested will be the same as those introduced in the class.

Written report – a 2-3 page report on a topic determined by the instructor is due by September 22.

Out of class participation – each student is required to attend one of the Friday night badminton sessions held in the Johnson Center from 6-8 p.m. This task is to be completed before October 6. Have the Campus Recreation Services facility supervisor sign to verify your attendance.

In-class participation – each student will be evaluated on one’s conduct in the class including active participation throughout the class period; staying on task during the drills, activities, and tournament play; demonstrating enthusiasm, sportsmanship, and a respectful manner to other classmates; on time to class and wearing the proper attire for the activity.
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<tr>
<th>Fall 2017</th>
<th>PEAC 120  Lifetime Racquet Sports I -- Badminton &amp; Pickleball</th>
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<td></td>
<td><strong>Tentative Class Schedule</strong></td>
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<tr>
<td>Weeks 1 &amp; 2</td>
<td>Introduction to badminton rules, serves, clears, and game play.</td>
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<tr>
<td>Weeks 3 &amp; 4</td>
<td>High clears, smashes, drop shots, footwork, and game strategies.</td>
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<tr>
<td>Weeks 5 &amp; 6</td>
<td>Singles, doubles, and mixed doubles play and tournaments.</td>
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<td>Week 7</td>
<td>Badminton skills practice and testing.</td>
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<td>Friday, October 6</td>
<td>Written test on badminton.</td>
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<td>Weeks 8 &amp; 9</td>
<td>Introduction to pickleball rules, serving, forehands and backhands.</td>
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<td>Weeks 10 &amp; 11</td>
<td>Drives, drop shots, lob shots, smashes, net play and game strategies.</td>
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<tr>
<td>Weeks 12 &amp; 13</td>
<td>Singles, doubles, and mixed doubles play and tournaments.</td>
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<td>Week 14</td>
<td>Pickleball skills practice and testing.</td>
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<td>Monday, December 4</td>
<td>Written test on pickleball.   Last day of class.</td>
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Badminton Video Training Series  
https://www.youtube.com/watch?v=QaHk70PVgr0&list=PLEBDE1E42B3A9BC37