College of Charleston  
PEAC 126 Coastal Kayaking  
Fall Semester 2017    2 Semester Hours

**TIME:** Thursdays 10:00 am – 12:45 pm, and 1:00 – 3:45

**PLACE:** Silcox 105; various local locations including Folly Beach Boat Landing, Shem Creek Boat Landing, and Brittlebank Park.

**INSTRUCTOR:** Ashley Brown

**OFFICE HOURS:** The instructor will be available 30 minutes before and after class. Additional meetings are possible with an appointment.

**OFFICE:** N/A

**PHONE:** Department of Health and Human Performance: 953-5558 (Dept. Office)

**EMAIL:** brownac@cofc.edu

**PREREQUISITES:** none

**GRADING:** A, A-, B+, B, B-, C+, C, C-, D+, D, D-, F

**COURSE:** PEAC 120-03 Coastal Kayaking


**COURSE DESCRIPTION:** The class will teach kayak technique, safety, equipment, weather, tides, navigation and provide a wide range of other information that will significantly elevate paddling skills. Skills, experience and knowledge from the course will enable students to attempt an American Canoe Association Trip Leader Certification. The course will teach how to safely explore and enjoy our waterways, using ancient mode of transportation. Students will grow from novice paddlers into confident, safety conscious, skilled kayakers. This class is held off-campus. Students are responsible for their own transportation to/from the class site.

**COURSE OBJECTIVES:** Competencies within the course should prepare students:
1. Develop and apply fundamental paddling skills and strokes.
2. Demonstrate and apply a working knowledge of the safety rules and practices associated with kayaking.
3. Understand and apply Leave No Trace Ethics. [https://lnt.org/](https://lnt.org/)

1. As a result of participation, student will demonstrate forward, reverse, sweep, stop, and side strokes. Student will be able to rescue themselves and others from a swim.
2. As a result of participation, student will be able to analyze weather, wind, tides, and the environment in tests and projects. Students will be able to apply this knowledge during their turns at leadership.
3. As a result of participation, students will demonstrate their knowledge of Leave No Trace curriculum through practice and exams.

**REQUIREMENTS:** 50% Attendance, Skills Test and Practical Demonstrations

19% Problem-Based Learning Project
31% Examinations (Two Quizzes and One Final Exam)

**GRADING SCALE:**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Score Range</th>
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<tbody>
<tr>
<td>A</td>
<td>93-100 pts</td>
</tr>
<tr>
<td>A-</td>
<td>90-92 pts</td>
</tr>
<tr>
<td>B+</td>
<td>88-89 pts</td>
</tr>
<tr>
<td>B</td>
<td>83-87 pts</td>
</tr>
<tr>
<td>B-</td>
<td>80-82 pts</td>
</tr>
<tr>
<td>C+</td>
<td>78-79 pts</td>
</tr>
<tr>
<td>C</td>
<td>74-77 pts</td>
</tr>
<tr>
<td>C-</td>
<td>72-73 pts</td>
</tr>
<tr>
<td>D+</td>
<td>70-71 pts</td>
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<tr>
<td>D</td>
<td>68-69 pts</td>
</tr>
<tr>
<td>D-</td>
<td>66-67 pts</td>
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<tr>
<td>F</td>
<td>65 and below</td>
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</tbody>
</table>

**EVALUATION SCALE:**

<table>
<thead>
<tr>
<th>Evaluation</th>
<th>Points</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quiz 1</td>
<td>50 pts</td>
<td>6.25%</td>
</tr>
<tr>
<td>Quiz 2</td>
<td>50 pts</td>
<td>6.25%</td>
</tr>
<tr>
<td>Final Exam</td>
<td>150 pts</td>
<td>18.75%</td>
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<tr>
<td>Practical Exam I (on-water skills test)</td>
<td>100 pts</td>
<td>12.5%</td>
</tr>
<tr>
<td>Practical Exam II (rescues)</td>
<td>100 pts</td>
<td>12.5%</td>
</tr>
<tr>
<td>Practical Exam III</td>
<td>100 pts</td>
<td>12.5%</td>
</tr>
<tr>
<td>Practical Exam IV</td>
<td>100 pts</td>
<td>12.5%</td>
</tr>
<tr>
<td>Problem-based learning 1</td>
<td>50 pts</td>
<td>6.25%</td>
</tr>
<tr>
<td>Problem-based learning 2</td>
<td>100 pts</td>
<td>12.5%</td>
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<tr>
<td>800 points</td>
<td>100%</td>
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**ATTENDANCE:**

Attendance will be taken daily. Skills and information will be presented in a progression, making your attendance critical for success in this class. There will be a 50-point deduction for the first absence. 150 additional points will be deducted for a second absence. Students acquiring a third absence will receive an “F” for the course. Students will be excused for one late arrival. Subsequent tardies will count as absences.

**EXAMS:**

Quizzes and the Final Exam will cover lecture material and information presented on the water while paddling and before and after each launch. Tests will be composed of multiple choice, short answer and essay questions. “Wet Notes” may be purchased on-line or through local outfitters to facilitate note taking near water. Using one’s phone and available applications is another way to take notes on water. Waterproof covers along with life jackets may also be purchased for phones and iPads.

Practical Exams or Skills Tests will consist of a video analysis of strokes and on-water technical skills. The rubric for the each skill may be found on OAKS.

**ASSIGNMENTS:**

Problem-Based Learning (PBL) assignments- Students will work individually or in small groups to solve an instructor-delivered problem. For example, an instructor may ask a group to key elements to consider when buying a kayak. After researching the topic, the group will present the material during the next class and post an outline with resources and links to an OAKS Discussion Board. Detailed instructions and a rubric will be available on OAKS.

**ACADEMIC HONOR:**

College of Charleston Student Handbook: This is a guide to your responsibilities and rights as a student. If you are not familiar with this document, please take the time to review the information contained within the handbook.

[www.cofc.edu/studentaffairs/general_info/studenthandbook.html](http://www.cofc.edu/studentaffairs/general_info/studenthandbook.html)
Disability - In compliance with the Americans with Disabilities Act (ADA), all qualified students enrolled in this course are entitled to “reasonable accommodations.” Please notify the instructor during the first week of class of any accommodations needed for the course.

**CAMPUS SUPPORT:**  
**Center for Student Learning:** You are encouraged to utilize the Center for Student Learning’s (CSL) academic support services for assistance in study strategies and course content. They offer tutoring, supplemental instruction, study skills appointments, and workshops at no additional cost. For more information regarding these services please visit the CSL website at [http://csl.cofc.edu](http://csl.cofc.edu) or call (843) 953-5635.

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**CLASS SCHEDULE**  
*This schedule is tentative and can change without notice.*

<table>
<thead>
<tr>
<th>Date</th>
<th>Course Topics:</th>
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<tbody>
<tr>
<td>Week 1</td>
<td>Introduction to Kayaking course policies, small-group games, Release of Liability Forms</td>
</tr>
<tr>
<td>Week 2</td>
<td>Introduction to Equipment, Safety, Proper Paddling, Emergency Procedures</td>
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<tr>
<td>Week 3</td>
<td>Assisted Launch and Landing, Self- and Assisted Recoveries, Forward and Reverse Sweeps</td>
</tr>
<tr>
<td>Week 4</td>
<td>Unassisted Launches, Draw Techniques and Reverse Strokes</td>
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<tr>
<td>Week 5</td>
<td>Low Brace and Recovery, Low Brace Sculling</td>
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<tr>
<td>Week 6</td>
<td>Refined Forward Stroke, Water Recovery, Stern/Bow Rudder Strokes</td>
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<tr>
<td>Week 7</td>
<td>Practical I</td>
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<tr>
<td>Week 8</td>
<td>Trip Planning</td>
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<td>Week 9</td>
<td>Pod Position Practice and Stoke Maintenance</td>
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<tr>
<td>Week 10</td>
<td>Practical II</td>
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<tr>
<td>Week 11</td>
<td>Paddling in the Tidal Marsh – Special Considerations and Wildlife</td>
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<tr>
<td>Week 12</td>
<td>Practical III</td>
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<tr>
<td>Week 13</td>
<td>Water Recovery and Intermediate Water Rescues</td>
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<tr>
<td>Week 14</td>
<td>Practical IV</td>
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<tr>
<td>Week 15</td>
<td>Course Cushion</td>
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