PEHD 222 - 01  Analysis and Conduct of Lifetime Activities  
Fall 2017  3 Credit Hours  Prerequisite: EXSC/PEHD 201

**Course Description:** This course is designed to teach candidates how to analyze, conduct, and demonstrate lifetime sport activities in a variety of teaching settings. Emphasis will be placed on methods for determining students' capacities in relation to the various activities and teaching techniques appropriate to facilitate the acquisition of the various skills. Students will be expected to teach and perform skills in a series of teaching episodes.


**Instructor:**

Dr. Karen Hakim-Butt (Dr. or Professor KHB), Professor in Health and Human Performance

Email: hakimbuttkl@cofc.edu (best method)

Office: 309 Silcox

**Office Hours:**

- In office - Tuesday & Thursday 9:30 - 10:30 AM
- Online Google Hang-outs, by appointment ([Virtual Office](mailto:))

**Phone:** 843-953-6056 (least preferred method)

**Class Meetings:** Tuesday & Thursday 10:50 - 12:05; PCTR 116 (classroom) & PCTR 215 (2nd floor Gymnasium)
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**Course Objectives:**

- **Plan and teach** the fundamentals of each activity to a beginning level student (NASPE 1.1 and 1.3).
- **Demonstrate** the correct form and technique used in the activities covered (NASPE Standard 1.2).
- **Demonstrate knowledge** of strategy and etiquette of the activities covered (NASPE 1.4 and 4.4).
- **Demonstrate knowledge** of rules and scoring procedures of activities covered.
- **Identify** the important considerations for using, selecting, and caring for equipment (NASPE 4.2).
- **Identify and plan** for safety concerns in each activity (NASPE 1.6 and 6.4).
- **Identify** appropriate warm ups to accompany the various activities.
- **Assess** each skill and provide appropriate feedback and corrective measures for student improvement (NASPE 7.2)

**Student Learning Outcomes:**

By the conclusion of the course, students will be able to:

- **Prepare lessons** using the PETE lesson plan format that is aligned to the assigned topic and is developmentally appropriate.
- **Instruct lessons** based on the assigned topic with proper task progression, assessing student learning based on the lesson objectives
- **Reflect** on their teaching lessons and provide meaningful feedback for continuous pedagogical growth
• **Mini Teaching Episode:** Each student will be assigned a specific teaching topic for 4 of the units covered in PEHD 222 Lab. Each teaching episode will last 15 minutes and include:
  a. Set Induction including objectives
  b. Modified, quick warm-up
  c. Demonstration
  d. Teaching Cues & Feedback
  e. Minimum of 2 learning activities with a transition between the two
  f. Wrap-up

There will be a 5 minute reflection & feedback period following each lesson

• **Lesson Plans:** Students will develop a lesson plan for their topic following the format discussed in class and provided on OAKS. Lesson plans must be presented as a hard copy to the instructor prior to the start of the teaching episode. Two days following class, students must have made any needed corrections to the lesson plan and uploaded it to OAKS.

• **Reflections:** Each mini-teaching episode will be videotaped and a critical analysis (reflection) of the students’ teaching will be typed and submitted within 2 days of the teaching episode.

• **Mid-Term Examination:** A midterm exam will be given (practice Praxis test) on Thursday, October 26 during class time.

• **Final Examination:** A final exam will be administered on Tuesday, December 12 from 8:00 AM - 11:00 AM.

• **Middle & High School Observations:** Each student will spend 10 hours observing a Physical Education class in middle school and 10 hours observing a Physical Education class in high school (20 hours total). A log will be completed following each observation outlining the student’s visits. The supervising teacher will fill out an evaluation confirming the participation of each student. This assignment is mandatory for certification so PLEASE be sure to make the time to complete these hours. If you do not complete these hours you will receive an INC in the class.

• **Professional Activities:** Each student must maintain a level of participation in professional activities throughout the semester. Students are encouraged to choose activities that contribute to their professional growth in their intended career area. You may not get paid for the experience and it must be outside of any existing employment or campus activities. A journal/log describing the professional activities must be submitted to your curriculum portfolio. These activities are recommended but students may choose other options (with prior approval):
A. First Aid/CPR certification must be valid through the end of class (40 points)
B. Jump Rope for Heart (6 points per active hour + 6 points for money raised)
C. Attendance at SCAHERD convention (60 points)
D. Attend a HHP Majors Club meeting or an applicable student organization meeting (10 points per meeting)
E. Other activities (5+ points per active hour with prior approval)
   - 70+ earned points = 10 points toward your final grade in this category
   - 65 earned points = 9 points toward your final grade in this category
   - 60 earned points = 8 points toward your final grade in this category
   - 55 earned points = 7 points toward your final grade in this category
   - 50 earned points = 6 points toward your final grade in this category
   - 45 earned points = 5 points toward your final grade in this category
   - 40 earned points = 4 points toward your final grade in this category
   - 35 earned points = 3 points toward your final grade in this category
   - 30 earned points = 2 points toward your final grade in this category
   - 25 earned points = 1 point toward your final grade in this category
   - > 25 earned points = 0 points toward your final grade in this category

- **Wiki Portfolio:** Each student will develop a curriculum portfolio covering each unit. Each topic area will outline the rules, etiquette, scoring, equipment, safety, critical elements of the fundamental skills, lesson plans, rubric and any other information that may enhance the teaching of the topics.
- **Other In and Out of Class Assignments:**
  - You are required to participate in and write a paper about your results from the President’s Adult Fitness Testing.
  - There will be 2 Quizzes
    - Online OAKS quiz on the syllabus, survival guide & course requirements
    - Fitness
- **Dispositions:** According to one ou accrediting agencies, CAEP, dispositions are “The habits of professional action and moral commitments that underlie an educator’s performance.” There are numerous dispositions that can be assessed but one of the easiest categories to observe is Professional Ethics and Practices. These include but are not limited to respect for others, acceptable dress and grooming, timeliness in turning in work as well as punctuality with arriving to and leaving class, appropriate use of language (both oral and written), academic integrity and honesty, exhibiting positive work habits, using sound judgment and
thoughtful decision making with consideration and acceptance of consequences and being able to keep confidential information confidential. Please see the associated rubric to see how you will be graded on this topic. **Click here to see the Dispositions Rubric used in this class**

- **Attendance:** Students are expected to attend and participate in each class meeting. Attendance will be recorded by the instructor. An authorized absence will only apply when verifiable documentation is presented to the instructor in advance or immediately upon return in the case of an emergency. At the end of the semester, the instructor may excuse up to 2 absences based on exemplary participation in class and group activities. Students who miss a teaching episode receive an automatic 20-point deduction from the participation grade. Being late to class on the date of a teaching episode will result in an automatic 10-point deduction. **Link to how you earn your 30 points for attendance & participation.**

**We are a Community of Learners:**

This class is a community of learners, which means we will depend upon each other, support each other and inform one another. When debating any issues or providing feedback to each other, be careful to maintain a professional demeanor and to present reasoned and balanced arguments that are supported by evidence from either the readings, lectures, prior classes, or from your personal experience. Since everyone is different, everyone will have different perceptions of what is civil so be mindful of others feelings and beliefs. Civility comes from the latin word civitas, which means city and community. When we are civil we are members in good standing of a community. To be civil in this class is to maintain:

- RESPECT for other students and myself with all exchanges, along with appropriate behavior, so that meaningful collaboration can occur
- NO YELLING, PLEASE!
- Sarcasm can, and will backfire so be polite to all
- Read first and attempt to find your own answers before emailing or texting for help
- Make an effort to use proper punctuation, spelling and grammar
- Brevity rules
Important Class Information for Your Success in this Class:

**Attendance:** A critical component of this course derives from your attendance, active participation, reading, homework, writing, thinking, life, and yourself. Attendance in class is an integral part of your education because it allows you to interact others in what is hopefully an intellectually stimulating environment. If you are going to learn, attendance at all classes is critical. There are no unimportant classes.

**Participation:** Class participation is measured based on the following criteria: arriving to class on time and staying the full length of class; paying attention during short lectures; attentive watching and listening to videos or other media; respectful listening when I or your peers are speaking; your ability to be fully engaged in your learning without texting, checking your phone or email, or participating in other digital distractions; your ability to stay awake, etc.

**Electronic Devices:** Use of electronic devices is necessary during class and to complete homework assignments (sharing is encouraged for those who do not have access to electronic devices). Students should plan to visit OAKS frequently. Use of electronic devices to enhance the academic experience is encouraged. Please be respectful and refrain from all forms of social networking, emailing, or otherwise engaging in activities irrelevant to the class. If you are caught doing anything not related to the content being covered in class, you will be asked not to bring electronic devices in the future.

**Communicating with Me:** I am happy to communicate with you about your grades and experiences in this course. Please plan to have these discussions during my office hours or if office hours don’t work, by appointment. Please do not try to have this type of conversation with me on the fly, 5 minutes before class or directly after class has ended.

**Accessibility Statement:** The College of Charleston is committed to providing access for all participants. Students with a documented disability requesting accommodations in this course must be registered with the Center for Disability Services/SNAP and must discuss needed accommodations with the instructor preferably prior to the first week of class but before the end of the drop/add period. Please visit their website at [http://disabilityservices.cofc.edu/index.php](http://disabilityservices.cofc.edu/index.php) or call (843) 953-1431 for further information on their services.
**Center for Student Learning**: Please utilize the Center for Student Learning (CSL) academic support services for assistance in study strategies and course content. The CSL offers various academic tutoring utilizing different delivery methods via supplemental instruction, study skills appointments, academic coaching, workshops and more. For more information regarding these free services, please visit the CSL website at [http://csl.cofc.edu](http://csl.cofc.edu) or call (843) 953-5635.

**Student Code of Conduct**: Students are encouraged to review the Honor System of The College of Charleston online: [http://studentaffairs.cofc.edu/honor-system/](http://studentaffairs.cofc.edu/honor-system/) The honor code specifically prohibits lying, cheating, attempted cheating, and plagiarism. Any violation of the Student Code of Conduct will be referred to the Dean of Students.