COLLEGE OF CHARLESTON
PEAC 130
Intermediate Sailing
Spring express 11 Monday- Wednesday, 2014

Time: M/W, 1:00-4:00pm
Place: Sailing Complex, Patriots Point
Instructor: Ned Goss, GossEP@cofc.edu
Office Location: Sailing Complex
Office Phone: 216-8450
Cell Phone: 843-270-2172
Office Hours: 10:00-12:00pm
Prerequisites: None

Course Description: The course is designed to provide instruction in intermediate skills of sailing and to provide the student with lifetime sports skills.

Text: North U – Trim by Bill Gladstone.

Sailing Site: College of Charleston Sailing Complex, Patriots Point Marina, Mt. Pleasant, SC. 216-8450 Marina,

Dates: March 10 14 class meetings (Test dates are subject to changes do to weather events)
Midterm April 2
Final Exam: April 23

Course Objective:
1. Demonstrate as basic skills:
   a. The proper rigging and bending on of sails of J-22 class sailboat.
2. Demonstrate the proper preparation of the following:
   a. Reef Knot  b. Half Hitches  c. Figure of Eight
   b. Bowline  e. Clove Hitch  f. Line Coil
   c. Belay to a Cleat/Cleat Hitch
3. Demonstrate while sailing around a port triangle of buoys as crew and helmsman, the following basic sailing skills.
   a. Tacking
   b. Jibing
   c. Beating to Windward
   d. Heading Up/Bearing Off
   e. Reaching
   f. Sail Trim of the Appropriate Point of Sail
   g. Proper seated position
4. Demonstrate the Proper Procedure for Man Overboard retrieval.
5. Demonstrate the proper procedures for stopping the boat, sailing backward, and getting out of irons on either tack.
6. Demonstrate the proper use of:
   a. Boom-vang.
   b. Cunningham
   c. Outhaul
   d. Jib Fairleads
   e. Traveler
   f. Backstay for prevailing conditions
7. Demonstrate working knowledge of the use of the spinnaker

**Course Requirements:**
- 10% Rigging and Basic Skills
- 30% Two Written Tests
- 60% Intermediate Sailing Skills

**Evaluation Criteria and Scale**

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<tr>
<th>Component</th>
<th>Points</th>
<th>Grade Range</th>
<th>Grade</th>
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<tbody>
<tr>
<td>Exam 1</td>
<td>15 pts</td>
<td>93-94</td>
<td>A-</td>
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<tr>
<td>Exam 2</td>
<td>15 pts</td>
<td>90-92</td>
<td>B+</td>
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<tr>
<td>Rigging</td>
<td>5 pts</td>
<td>85-89</td>
<td>B</td>
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<tr>
<td>Knots and Line</td>
<td>5 pts</td>
<td>83-84</td>
<td>B-</td>
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<tr>
<td>Daily Skills Average</td>
<td>60 pts</td>
<td>80-82</td>
<td>C+</td>
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<td></td>
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<td>76-79</td>
<td>C</td>
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<td>73-75</td>
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<td>70-72</td>
<td>D</td>
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<td>69 down</td>
<td>F</td>
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**Bonus Points:** You may earn up to 5 bonus points if you successfully complete a report. The topic must be approved by the instructor. Length: Minimum 2 pages, typed, double spaced. Sources: Three. Format: An opening introducing the topic, a paragraph from each source on the topic, and a closing. Three sources must be listed in bibliographic format.

**Attendance:** Attendance is required. You may miss one class without being penalized. For each additional unexcused absence your grade will be reduced by 2 points. Excused absences must be approved by the Instructor or by the Office of the Undergraduate Dean.

**Make-up Tests:** Make-ups will not be given for an unexcused absence. Excused make-up tests will be given the next class period attended by the student.

**Honor System:** The College of Charleston honor System is recognized in this course. For specific details of responsibility and penalty, see page 44 of the Student Handbook.