College of Charleston
School of Education, Health and Human Performance
Department of Health and Human Performance
Health 217- 02 Human Sexuality
Silcox 116, 12:15 p.m. Tuesdays and Thursdays

Instructor: Kym Long-Wallace

Office hours by appointment, 1:30 p.m. - 3:00 p.m. Tuesdays and Thursdays

Email: wallacekl@cofc.edu (This is the best way to reach me outside of class time)

Office phone: 843 953 5558

Course Description: Health 217 focuses on providing information necessary for establishing a sound knowledge base on topics including sexual anatomy and physiology, birth control, basic psychological concepts of sexuality, sexually transmitted infections, family planning, and parenting. The information is presented in relation to the decision-making process as applied to understanding one's own and others' sexuality.

Course Goals:
1) Increase knowledge of the biological, psychological and sociological theories of human sexuality. 2) Prepare students to think critically about the results of scientific studies. 3) Increase awareness of stereotypes, sexual orientation issues, and sexual victimization and how these affect the welfare of human beings.

Course Objectives:
1) Students will understand the biology of anatomy and reproduction. 2) Students will understand the theories of the formation of gender identity and sexual orientation. 3) Students will understand the political implications of human sexuality.

Student Learning Objectives:
1) Students will formulate long-term goals and plans for their sexual and reproductive lives. 2) Students will demonstrate an understanding of sexual anatomy and the influences of hormones on sexual functioning throughout all life cycles. 3) Students will identify socio-cultural influences on sexual functioning and outcomes. 4) Students will be able to analyze media messages for political and cultural biases.

Course Rigor: Health 217 is a very rigorous course. There is a lot of material and each student should expect that, for every hour spent in class, at least two hours should be spent preparing and reviewing. If you are looking for an easy A, this is NOT the course for you. Students should come to class 1) having read all assignments listed, and 2) ready to participate in class discussions. The instructor is not here to “spoon-feed” the student. Aspects of the “flipped classroom” are implemented in Health 217.

Course Grading:

Course grading is based on the following:

3 tests @ 100 points each

1 presentation @ 100 points

1 final exam @ 100 points

2 online discussions @ 20 points each

All tests consist of 85% multiple choice type questions and 15% free response. The final exam is cumulative and contains 100 multiple choice only. Study guides are posted for each test.

FINAL EXAMS: Thursday, April 28 at 8 am for the 10:50 class and at 4 pm for the 12:15 class.

EXTRA CREDIT: Extra credit opportunities are offered in the form of panels, seminars, plays, and other forums that explore different aspects of human sexuality. New extra credit opportunities will be posted on the OAKS website as they become available. At a minimum, a student must attend the event and write a 200-word summary and submit it to the instructor via email. In some cases the student may need to submit a photograph of attendance but those instructions will be spelled out in advance. Two points will be added to the next test.

Occasionally, pop quizzes will be given at the beginning of class. These pop quizzes serve to boost test grades. There is no penalty for incorrect answers and there is no make-up of pop quizzes. If you miss class that day or are late, you miss your opportunity to take the pop quiz.
When preparing for the final exam you will have an opportunity to participate in “Extra Credit Jeopardy.” This will be uploaded to the OAKS website dropbox one week before the exam.

Do not ask to write papers or do extra projects for extra credit because the answer will be no. If you see an event that you think might qualify as an extra credit event, do notify the instructor BEFORE the date of the event so she can decide if it qualifies and then can share the opportunity with all students.

Grading Scale:

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<tr>
<th>Percentage</th>
<th>Grade</th>
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<tbody>
<tr>
<td>91%+</td>
<td>A</td>
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<tr>
<td>88-90%</td>
<td>A-</td>
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<td>85-87%</td>
<td>B+</td>
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<tr>
<td>82-84%</td>
<td>B</td>
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<td>79-81%</td>
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<td>76-78%</td>
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<td>73-75%</td>
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<td>70-72%</td>
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<td>67-69%</td>
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<td>&lt;61%</td>
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Attendance: 1) Attendance is expected at every class. You are allowed a maximum of three absences, whether excused or unexcused. For each absence above the maximum, one point comes off the final grade. For example, you finish the class with a 70 (C-) but you have missed four classes. This fourth absence brings your final grade to a 69 (D+). Do not blow these three absences. Save them in case a family emergency or illness causes you to miss class later in the semester. 2) You are considered tardy if you arrive in class more than three minutes after the start time. After three tardies, an absence is recorded. If you do arrive in class late, it is
YOUR responsibility to notify the instructor at the end of class. Otherwise, you may be assessed an absence instead of a tardy. If you arrive more than fifteen minutes late, you are considered absent.

Policies:

www.cofc.edu/studentaffairs/general_info/studenthandbook.html. This student handbook is a guide to your responsibilities and rights as a student.

Academic Honesty- Faculty members are required to report violations of the honor code to the Office of Student Affairs. If you are found guilty, your grade in the class will be XF and this will be indicated on your transcript. Examples of cheating include giving or receiving aid during a graded activity, using any type of "cheat sheet", copying from or looking at another person's graded activity, or submitting another person's work as your own.

Classroom Behavior- 1) Inappropriate classroom behavior includes any which disrupts instruction by the professor or learning by the students. Students who engage in such behavior will have to leave the classroom, will receive no credit for attendance or in class activities for that day, and must meet with the instructor before the next class. Severe cases will be referred to the Dean of Students. 2) Please take care of bathroom breaks before class. Students leaving and returning to class disrupt the environment. 3) You will be counted absent for the day if you spend class time working on other material; this includes reading or working on materials for other classes.

Electronic Devices- All cell phones, music devices, and any other electronic devices must be turned off (no sounds) AND PUT AWAY during class. Laptops are allowed as long as you are using them to take notes. You may not surf the internet or work on another class assignment. Any student seen using the laptop for any activity other than taking notes will lose the privilege of having the laptop open in class and will be counted as absent for the class period.

Disability- In compliance with the Americans with Disabilities ACT (ADA), all qualified students enrolled in this course are entitled to "reasonable accommodations." Please notify the instructor during the first week of class of any accommodations needed for the course.

Tentative class schedule:

Date: Subject Matter: Textbook Chapter:
1/7 Introduction Chapter 1
1/12 Studying Sexuality Chapter 1
1/14 Sexual and Reproductive Anatomy Chapter 2
1/19 Sexual and Reproductive Anatomy Chapter 2
1/21 Hormones and Sexuality Chapter 3
1/26 Hormones and Sexuality Chapter 3
1/28 Sexual Development Chapter 10
2/2 Sexual Response Chapter 4
2/4 Test 1
2/9 Gender Identity Chapter 8
2/11 Gender Identity
2/16 Sexual Orientation Chapter 9
2/18 Sexual Orientation Chapter 9
2/23 Birth Control Chapter 6
2/25 Birth Control Chapter 6
3/1 Birth Control, STIs Chapter 5
3/3 Test 2
3/15 STIs
3/17 Pregnancy and Childbirth Chapter 7
3/22 Pregnancy and Childbirth Chapter 7
3/24 Love/Relationships Chapters 12
3/29  Paraphilias  Chapter 14
3/31  Sexual Victimization  Chapter 15
4/5  TEST 3
4/7, 12, 14, 19, 21  Student Presentations
4/28 8 a.m.  Final Exam- 10:50 class
4/28 4 pm  Final Exam- 12:15 class