College of Charleston
PEAC 106_01 Table Tennis/Pickleball

Spring 2017  2 Semester Hours

Time & Place:  10:00-10:50 am  MWF, Johnson Center 110, 1st Floor Gym

Instructor:  Mr. Carroll ‘91, M.Ed.  Senior Instructor

Office Located:  Silcox Center, Room 113

Office Phone:  953-4275  email: carrollt@cofc.edu

Office Hours:  MW from 1:30 PM to 2:30 PM; TTR from 9:30 AM to 11:00 AM.  Additional times are available by appointment.

Prerequisites:  None


Course Description:
This course will include instruction on the history, techniques, strategies, practice of basic skills and rules in table tennis and pickleball.

Optional Service:
Human Kinetics eBook service which includes table tennis and pickleball
$9.99 for 6 Months provides access to 22 sports

Course Objectives:  Competencies within the course should prepare students:
1. To develop and improve on basic skills in table tennis and pickleball by lecture, reading supplemental materials, participating in drills, and competitive activities,
2. To provide a basic knowledge and understanding of the rules and strategies of table tennis and pickleball through reading, lecture, and application in game situations,
3. To develop an enjoyment of the activities providing an opportunity for physical fitness through life-long participation.

Student Learning Objectives:
1. As a result of participating in PEAC 106, students will be able to identify and execute legal serves in table tennis and pickleball.
2. As a result of participating in PEAC 106, students will be able to distinguish between legal and illegal shots in table tennis and pickleball.
3. As a result of participating in PEAC 106, students will be able to design and participate in a ladder tournament in table tennis and pickleball.

Description of Projects:

Written Exams – A separate exam on table tennis and pickleball will be administered on the last day of each unit. The exam will cover techniques, history, rules, and strategy/critical thinking for table tennis and pickleball.

Skills – A separate skills test will be given for both table tennis and pickleball. Students will be given a copy of the test prior to testing along with a rubric detailing how each test will be graded. Skill practice is essential to proper development. Effort and technique will be assessed daily with feedback given individually.
Written Report - Students will write one report on a health or fitness related issue or on a topic related to table tennis or pickleball. The Report must be a minimum of 2 typed pages with a separate title and reference page. The report must reference 2 sources, which may be from a magazine, newspaper or Journal Article dated 2007-present.

A rubric will be provided detailing the specific requirements of this assignment.

Tournaments – This instructor feels passionate about the importance of attending and participating in physical activity classes. Students will earn points by actively participating in a variety of tournaments throughout the semester. Failure to attend class during tournaments will result in a forfeit and a loss of points for that tournament.

Table Tennis
- Top Cat Court = 10 points
- Cougar Challenge Court = 10 points
- Double Trouble Ladder = 10 points
- Cut-Throat 7s and 11s = 10 points
- Chucktown Shuffle and Cougar Pride
  Team Tournament = 60 points

Pickleball
- King/Queen of the Court = 10 points
- Individual Round Robin = 10 points
- Singles Ladder = 10 points
- Pickleball Doubles Combo = 10 points
- Easy-E’s Team Tournament = 60 points

Participation – Attending class, warming-up properly, engaging in learning activities fully and showing respect to classmates is extremely important and is expected in this class. Points will be awarded for attendance, punctuality/warm-up, participation, and student conduct.

In order to maximize learning students must attend class to practice and play. Each student may miss up to three classes without losing points UNLESS those absences occur on a day with small group work, skill assessment or tournament. After the 3rd absence, 25 points will be deducted for each additional absence. If a student misses a tournament day, small group assignment and/or skill assessment, he/she will not receive the assigned points. Use the three cuts wisely; life happens. Understand students will not receive additional cuts for “excused” absences. All absences are viewed the same. If a student falls ill or is injured, a medical withdrawal is encouraged. My best advise is to not choose to miss class so if an emergency occurs you will have a free cut available. My second best advice is to not miss any class. This is an enjoyable, rewarding activity class that you have chosen to take. We consistently have a waiting list for our PEAC classes; so if you think you may miss class, I encourage you to withdraw.

Coming to class on time is imperative. Taking time to warm-up and review technique enhances learning, play and helps to reduce the risk of injury. 10 points will be deducted each time a student enters class late. If the student enters more than 10 minutes late, 15 points will be deducted from the Participation grade.

Using one’s phone in class will result in a 15-point deduction for each occurrence. Coming to class dressed improperly will result in a 15-point deduction per occurrence. Displaying unsportsmanlike conduct, which includes, but is not limited to, the use of profanity will result in a 15-point deduction per occurrence.

If you miss 3 or fewer classes and are not late, you may receive 50 points for Participation assuming you warm-up properly, display sportsmanship and avoid using your phone in class. The additional 50 points
will be earned by completing daily skills tasks. Those assignments may not be made up, so if you miss a class that involves a small group task, you will not earn those points.

Please refer to the applicable sections of the College’s Student Code of Conduct. Relevant portions from the Code are found below.

**35. Classroom Code of Conduct**

“Published by the President’s Advisory Committee in cooperation with the Office of the President.”

1. While there are many informal situations in which people have neither the desire nor the right to prescribe how others ought to behave, a college classroom requires a higher level of courtesy than many people exercise in ordinary public space. Everyone in a classroom is there for the purpose of learning, and no one should be able to deprive another person of the chance to learn. Expressions of rudeness and even of carelessness degrade the high purpose of learning that should be paramount in a college classroom. Your professor expects that you as a student:

1.1 Will be attentive and courteous during class.
1.2 Will complete the assigned work according to the course schedule.
1.3 Will do all your own work and will not present anyone else’s work as your own.

2. Some More Specific Principles of Civil Conduct in a College Classroom:

1. **2.1** Do not cut classes, come in late, or leave early. If you ever are late for class, enter in complete silence and do not walk between the class and the professor. Never leave during class unless you absolutely must. Leaving for a short break and then returning is not acceptable. The professor is not a TV set, but is a person addressing the class, and it is rude to leave when someone is addressing you.
2. **2.2** Likewise, it is rude and unacceptable to talk with classmates while the professor (or another student who has the floor) is talking.
3. **2.3** Turn off cell phones and all other prohibited electronic devices.
4. **2.4** Eating or drinking are not acceptable during class.
5. **2.5** Wearing a hat that conceals your face is rude because the person who is addressing you cannot see you.

**36. Administrative Regulations**

1. **Class Absences and Student Health Services**

Students who have been evaluated by a clinician at Student Health Services and for whom it has been determined that the student should not attend class, will receive an “Absence Memo Request” form to complete. This form will be signed by the licensed clinician and faxed to the Director of Absence Memo. Students who have managed their own illness may complete a separate “Absence Memo Request” which will include a brief description of their medical condition. These forms can be found at the Absence Memo office and online at http://studentaffairs.cofc.edu/about/services/absence.php. They can be faxed to the Director. Students who have received treatment through other sources should bring that documentation to the Director of Absence Memo (67 George Street). The Director will e-mail the student’s instructors regarding the absence. If there is a difficulty, the Director or his/her designee will attempt to reach the student through College of Charleston email. Ultimately, the decision to excuse the student from class can only be made by the faculty.

**Criteria for Evaluation:**
<table>
<thead>
<tr>
<th>Activity</th>
<th>Points</th>
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</thead>
<tbody>
<tr>
<td>Written Exam Table Tennis</td>
<td>50</td>
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<tr>
<td>Written Exam Pickleball</td>
<td>50</td>
</tr>
<tr>
<td>Skills Table Tennis</td>
<td>50</td>
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<tr>
<td>Skills Pickleball</td>
<td>50</td>
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<tr>
<td>Written Report</td>
<td>50</td>
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<tr>
<td>Participation</td>
<td></td>
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<tr>
<td>- Attendance, Punctuality, Sportsmanship</td>
<td>100</td>
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<tr>
<td>- Daily Skills and Objectives</td>
<td>50</td>
</tr>
<tr>
<td>Tournaments</td>
<td>200</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>600</strong></td>
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</table>

**Grading Scale:**

- A = 93-100%
- B- = 80-82%
- D+ = 70-71%
- A- = 90-92%
- C+ = 78-79%
- D = 68-69%
- B+ = 88-89%
- C = 74-77%
- D- = 66-67%
- B = 83%-87%
- C- = 72-73%
- F = < 66%

**Bonus Points:** You may earn bonus points for participating in CRS events related to table tennis and/or pickleball. You must notify your instructor for credit. Other opportunities for bonus points may be announced during the semester. (Also see attendance.) The bonus-point cap is 40 pts. You may not earn Bonus Points if you have missed five (5) or more classes or if you have entered class late three (3) or more times.

**Make-up Tests:** No make-ups will be given. Skills are accessed periodically during 2-day periods. If a student is absent both days no skill make-ups will be granted.

**Attendance:** Attendance in an activity-based class is critical. Missing class during a tournament will result in a loss of points for that tournament or tournament round. For one-day tournaments this means students will lose 100% of tournament points. Missing class during multi-day tournaments will result in a loss of 15 points per day. Missing the final day of a multi-day tournament will result in the loss of 20 points. Missing more than three (3) classes is not advised. The fourth (4th) absence will result in a 25-point deduction from your Participation grade. The 5th absence will result in a loss of 50 points (25+25). In addition, if there is a tournament, small group task or skills assessment on the day one misses, additional points will be lost.

**Texting:** This instructor fully supports the College’s Student Code of Conduct. All cellular devices must be turned off prior to class. Texting in class or checking one’s phone will result in a 15-point per occurrence reduction in one’s Participation grade.

**Proper Attire:** Students must dress appropriately which includes athletic attire. Jeans and other long pants that are not designed for athletics are not allowed. Proper shoes are essential. Boat shoes similar to Docksiders are not designed for lateral movement, nor are flip-flops and/or sandals. Students without proper attire will not be allowed to participate and will lose 15 points for that day in addition to tournament points when applicable.

**Honor System:** Students must do their own work. Please see the current edition of the College’s Student Handbook (Academic Honor System) for a description of the College’s Honor System, which is fully supported in this class.

**College of Charleston Honor Code and Academic Integrity**

Lying, cheating, attempted cheating, and plagiarism are violations of our Honor Code that, when identified, are investigated. Each incident will be examined to determine the degree of deception involved.
Incidents where the instructor determines the student’s actions are related more to a misunderstanding will be handled by the instructor. A written intervention designed to help prevent the student from repeating the error will be given to the student. The intervention, submitted by form and signed by both the instructor and the student, will be forwarded to the Dean of Students and placed in the student’s file.

Cases of suspected academic dishonesty will be reported directly by the instructor and/or others having knowledge of the incident to the Dean of Students. A student found responsible by the Honor Board for academic dishonesty will receive a XF in the course, indicating failure of the course due to academic dishonesty. This grade will appear on the student’s transcript for two years after which the student may petition for the X to be expunged. The student may also be placed on disciplinary probation, suspended (temporary removal) or expelled (permanent removal) from the College by the Honor Board.

Students should be aware that unauthorized collaboration—working together without permission—is a form of cheating. Unless the instructor specifies that students can work together on an assignment, quiz and/or test, no collaboration during the completion of the assignment is permitted. Other forms of cheating include possessing or using an unauthorized study aid (which could include accessing information stored on a cell phone), copying from others’ exams, fabricating data, and giving unauthorized assistance.

Research conducted and/or papers written for other classes cannot be used in whole or in part for any assignment in this class without obtaining prior permission from the instructor.

Students can find the complete Honor Code and all related processes in the Student Handbook at http://www.cofc.edu/generaldocuments/handbook.pdf

This College abides by section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act that stipulates no student shall be denied access to an education “solely by reason of a handicap.” Disabilities covered by law include, but are not limited to, learning disabilities and hearing, sight or mobility impairments. If you have a documented disability that may have some impact on your work in this class and for which you may require accommodations, please see an administrator at the Center of Disability Services, (843) 953-1431 or me so that such accommodation may be arranged.

Classroom Code of Conduct: Code language that guides our responses to classroom disruption can be found in the Student Handbook: A Guide to Civil and Honorable Conduct.

The Classroom Code of Conduct (from the President's Advisory Committee) covers specific principles of civil conduct expected in a college classroom:

- Do not cut classes, come in late or leave early.
- Never leave during class unless you absolutely must. Leaving for a short break and then returning is not acceptable.
- Turn off cell phones, pagers and all other electronic devices.
- It is rude and unacceptable to talk with classmates while the professor (or another student who has the floor) is talking.
- Visible and noisy signs of restlessness are rude as well as disruptive to others.

Student Handbook

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<thead>
<tr>
<th>Date</th>
<th>Activity</th>
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<tbody>
<tr>
<td><strong>Week 1</strong></td>
<td>Policies, Procedures, Safety, Rules, Table Set-Up, Net Assembly</td>
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<td><strong>Week 2</strong></td>
<td>Proper Warm-Up, Feeding System, Flat Forehand</td>
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<td>Flat Forehand Review, Rules Review [Top Cat Court]</td>
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<td><strong>Week 3</strong></td>
<td>Top Spin Forehand, Backhand Push</td>
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<td>Backhand Push Review, [Cougar Challenge Court]</td>
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<td><strong>Week 4</strong></td>
<td>Service – Topspin, Sidespin, Slice</td>
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<td>Service Return, Countering Spin [Double-Trouble Ladder]</td>
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<td><strong>Week 5</strong></td>
<td>Forehand Assessment 1 - Rally, Singles Practice</td>
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<td>Combining Shots, [Cut Bait 7s and 11s]</td>
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<td><strong>Week 6</strong></td>
<td>[Chucktown Shuffle and Cougar Pride – Rounds 1]</td>
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<td><strong>Week 7</strong></td>
<td>[Chucktown Shuffle and Cougar Pride – Round 2 and Semi-Finals]</td>
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<td>[Chucktown Shuffle and Cougar Pride – Finals]</td>
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<td>Skills Test</td>
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<td><strong>Week 8</strong></td>
<td>Pickleball Rules, Court, Service, Forehand, Volleys</td>
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<td>Singles Practice Play,</td>
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<td><strong>Spring Break</strong></td>
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<td><strong>Week 9</strong></td>
<td>Pickleball Challenge Court</td>
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<td>[King/Queen Challenge Court]</td>
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<td><strong>Week 10</strong></td>
<td>Doubles</td>
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<td>[Individual Round Robin]</td>
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<td><strong>Week 11</strong></td>
<td>Singles Practice, Assessment I</td>
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<td>Singles Ladder Tournament</td>
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<td><strong>Week 12</strong></td>
<td>Doubles Tournament</td>
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<td><strong>Week 13</strong></td>
<td>Easy-E Team Tournament Semi-Finals</td>
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<td><strong>Week 14</strong></td>
<td>Easy-E Tournament Finals</td>
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<td>Skills Test, Open Court and Written Test</td>
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