COLLEGE OF CHARLESTON
PEAC 118-01
BASIC SAILING
Spring express I Monday-Wednesday, 2017

Time:       MW, 1:00-4:00pm
Place:      Sailing Complex, Patriots Point
Instructor: Ned Goss, GossEP@cofc.edu
Office Location: Sailing Complex
Office Phone: 843-216-8450
Cell Phone: 843-270-2172
Office Hours: 10:00-12:00pm
Prerequisites: None

Course Description: Instruction is given in the basics of sailing and the student is taught a lifetime
sports skill useful in the community, which will contribute to physical, mental, and social growth. Attention
is given to the development of skills for the safe and responsible operation of sailboats, as well as
instruction in the proper care and maintenance of sailing vessels

Text: Basic Keelboat, U.S. Sailing Association

Sailing Site: College of Charleston J. Stewart Walker Sailing Center, located in the Charleston Harbor
Resort and Marina at 20 Patriots Point Rd. in Mt. Pleasant, SC 29464.

Dates: January 11 14 class meetings (Test dates are subject to changes do to weather events)
Quiz #1 January 23
Midterm February 8
Final Exam: March 1

Course Objective:
1. As a result of participating in PEAC 118-01, students will demonstrate the proper rigging and
   bending on of sails of J-22 class sailboat.
2. As a result of participating in PEAC 118-01, students will demonstrate the proper preparation
   and explain the purpose of the Reef Knot or Square knot.
3. As a result of participating in PEAC 118-01, students will demonstrate the proper preparation
   and explain the purpose of the Half Hitches.
4. As a result of participating in PEAC 118-01, students will demonstrate the proper preparation
   and explain the purpose of the Figure of Eight.
5. As a result of participating in PEAC 118-01, students will demonstrate the proper preparation
   and explain the purpose of the Bowline.
6. As a result of participating in PEAC 118-01, students will demonstrate the proper preparation
   and explain the purpose of the Clove Hitch.
7. As a result of participating in PEAC 118-01, students will demonstrate the proper preparation
   and explain the purpose of the Line Coil.
8. As a result of participating in PEAC 118-01, students will demonstrate the proper preparation
   and explain the purpose of the Belay to a Cleat/Cleat Hitch.
9. As a result of participating in PEAC 118-01, students will demonstrate while sailing around a
   port triangle of buoys as both crew, and helmsman, Tacking
10. As a result of participating in PEAC 118-01, students will demonstrate while sailing around a
    port triangle of buoys as both crew, and helmsman, Jibing.
11. As a result of participating in PEAC 118-01, students will demonstrate while sailing around a
    port triangle of buoys as both crew, and helmsman, Beating to Windward/Sailing up wind.
12. As a result of participating in PEAC 118-01, students will demonstrate while sailing around a port triangle of buoys as both crew, and helmsman, Heading Up and Falling Off.

13. As a result of participating in PEAC 118-01, students will demonstrate while sailing around a port triangle of buoys as both crew, and helmsman, Reaching.

14. As a result of participating in PEAC 118-01, students will demonstrate while sailing around a port triangle of buoys as both crew, and helmsman, Sail Trim of the Appropriate Point of Sail.

15. As a result of participating in PEAC 118-01, students will demonstrate while sailing around a port triangle of buoys as both crew, and helmsman, Proper seated position.

16. As a result of participating in PEAC 118-01, students will demonstrate the Proper Procedure for Man Overboard retrieval.

17. As a result of participating in PEAC 118-01, students will demonstrate the Proper Procedure for Getting Out of Irons.

18. As a result of participating in PEAC 118-01, students will demonstrate a written knowledge of basic sailing terms and an understanding of basic sailing theory and techniques by taking three written quizzes.

**Course Requirements:**

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<thead>
<tr>
<th>Component</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Rigging</td>
<td>5%</td>
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<tr>
<td>Knots and Line</td>
<td>5%</td>
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<tr>
<td>Quizzes</td>
<td>40%</td>
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<tr>
<td>Basic Sailing Skills</td>
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**Quizzes:**

- Quiz - 10 pts - Pages 6 and 7.28 and 29 of text, 3rd day of class
- Midterm - 15 pts - through page 61 of Text, Lectures (use the glossary!!!)
- Final - 15 pts - Entire Text, Lectures

**Evaluation Criteria and Scale**

<table>
<thead>
<tr>
<th>Component</th>
<th>Points</th>
<th>Grade</th>
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<tbody>
<tr>
<td>Quiz</td>
<td>10 pts</td>
<td>95-100 A</td>
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<tr>
<td>Midterm</td>
<td>15 pts</td>
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<tr>
<td>Final</td>
<td>15 pts</td>
<td>90-92 B+</td>
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<tr>
<td>Rigging</td>
<td>5 pts</td>
<td>85-89 B</td>
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<td>Knots and Line</td>
<td>5 pts</td>
<td>83-84 B-</td>
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<td>Daily Skills Average</td>
<td>50 pts</td>
<td>80-82 C+</td>
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<td>76-79 C</td>
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**Bonus Points:** You may earn up to 5 bonus points if you successfully complete a report. The topic must be approved by the instructor. Length: Minimum 2 pages, typed, double spaced. Sources: Three. Format: An opening introducing the topic, a paragraph from each source on the topic, and a closing. Three sources must be listed in bibliographic format.

**Attendance:** Attendance is required. You may miss one class without being penalized. For each additional unexcused absence your grade will be reduced by 2 points. Excused absences must be approved by the Instructor or by the Office of the Undergraduate Dean.

**Make-up Tests:** Make-ups will not be given for an unexcused absence. Excused make-up tests will be given the next class period attended by the student.

**Students with Disabilities:**
1. Any student eligible for and needing accommodations because of a disability is requested to speak with the professor during the first two weeks of class or as soon as the student has been approved for services so that reasonable accommodations can be arranged.

2. The College will make reasonable accommodations for persons with documented disabilities. Students should apply for services at the Center for Disability Services/SNAP located on the first floor of the Lightsey Center, Suite 104. Students approved for accommodations are responsible for notifying me as soon as possible and for contacting me one week before accommodation is needed.

3. This College abides by section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act. If you have a documented disability that may have some impact on your work in this class and for which you may require accommodations, please see an administrator at the Center of Disability Services/SNAP, 843.953.1431 or me so that such accommodation may be arranged.

**Honor System:** The College of Charleston honor System is recognized in this course. For specific details of responsibility and penalty, see page 44 of the Student Handbook.